

# Halsmuskler og lag\*

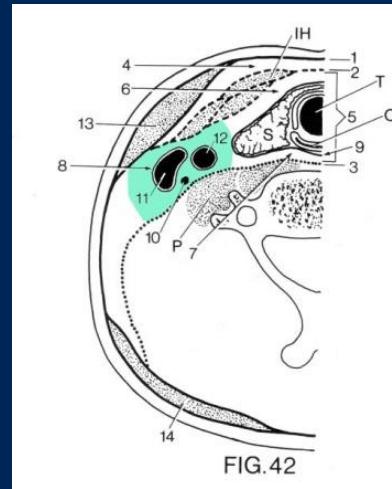


FIG.42

# Muskelgrupper

- halsmuskler
- rygmuskler
- bugmuskler
- brystmuskler
- ekstremitetsmuskler
- hovedets muskler

# Halsens muskler

- Én tynd hudmuskel
- Skeletmuskler i tre lag

# Halsens hudmuskel

- *platysma*
  - i underhuden
  - er bred og flad
  - bundet til brystkassen
  - bl a mandiblen
  - innerveres af n. facialis

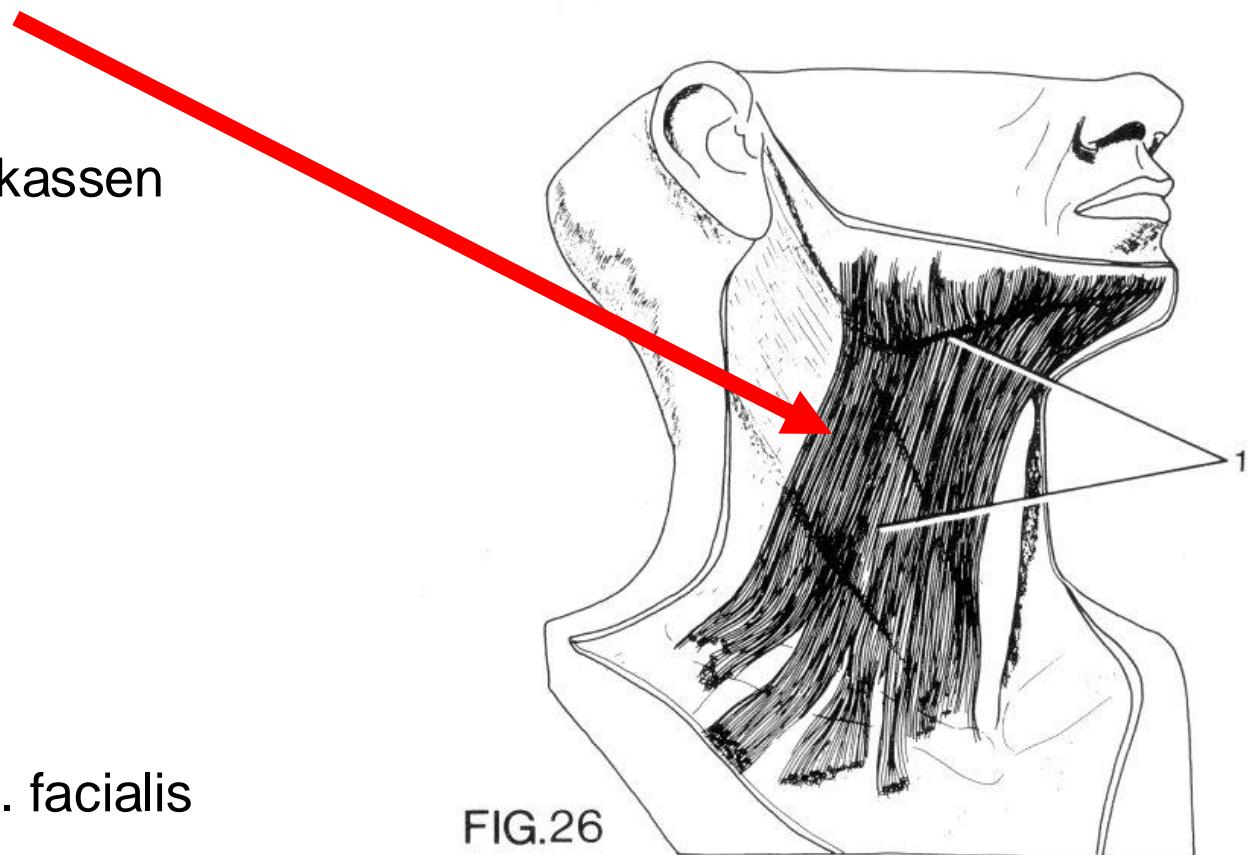


FIG.26

# Halsens skeletmuskler i 3 lag

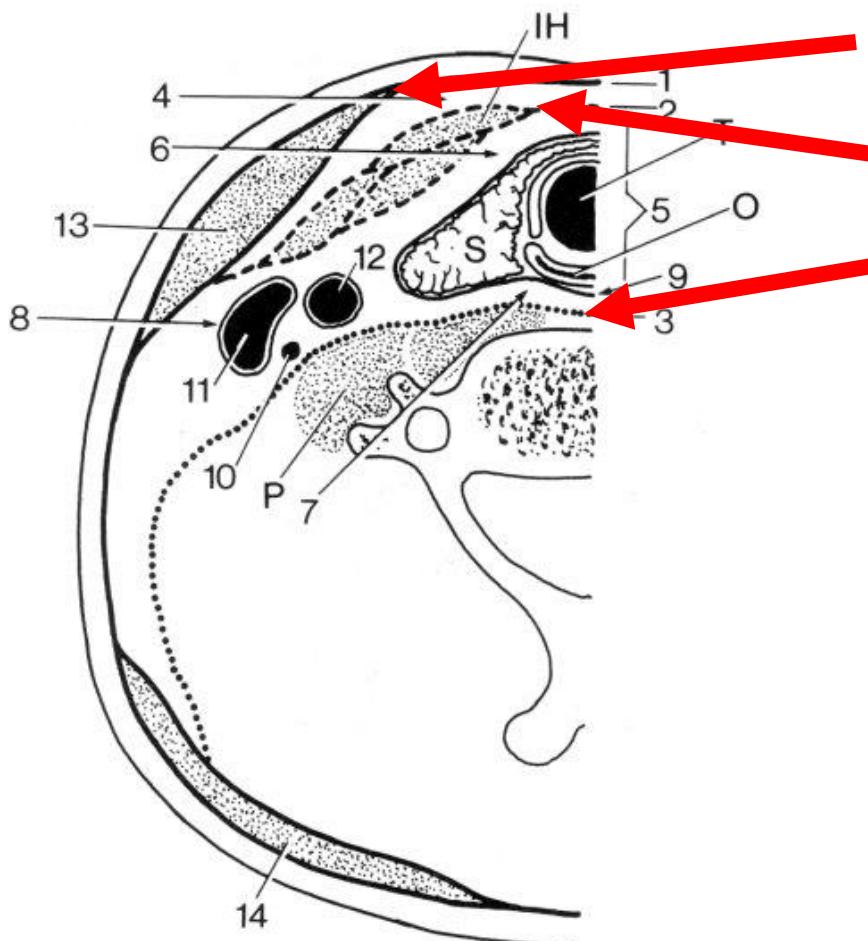


FIG.42

- de ligger i tre lag
  - m. sternocleidomastoideus
  - tungebensmuskler
  - prevertebralmuskler

# Halsens skeletmuskler

- *m. sternocleidomastoideus*
  - udspring
    - sternum og clavicula
  - tilhæftning
    - processus mastoideus
  - innerves af n. accessorius

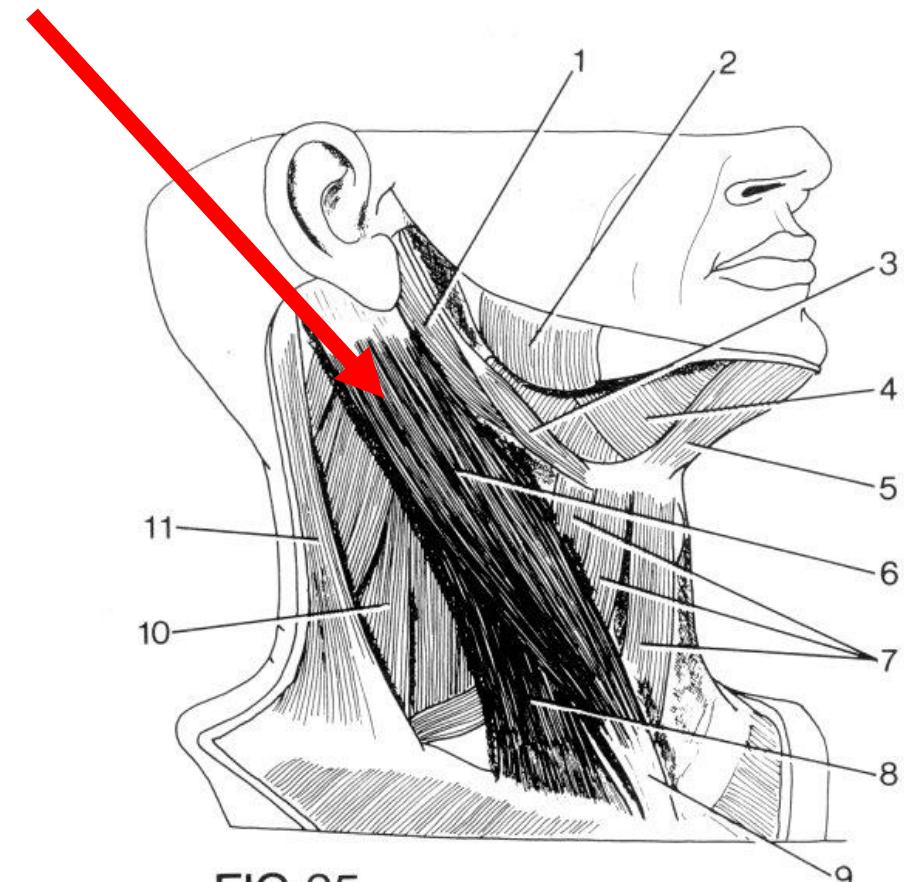
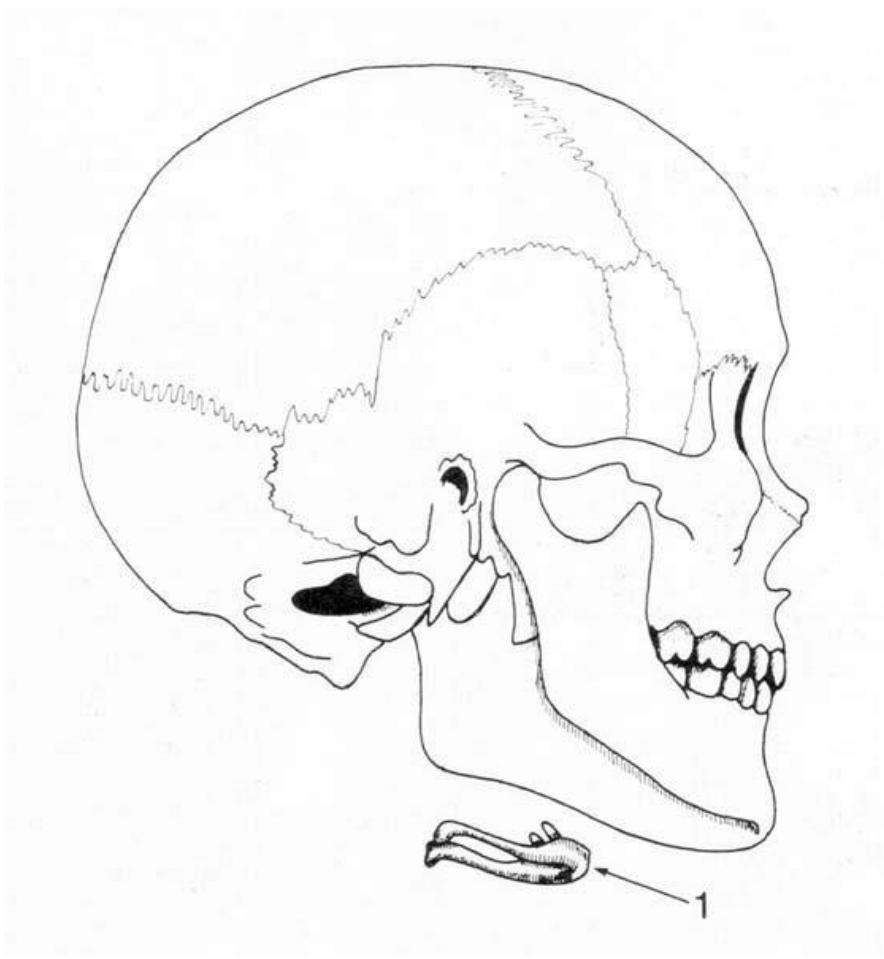


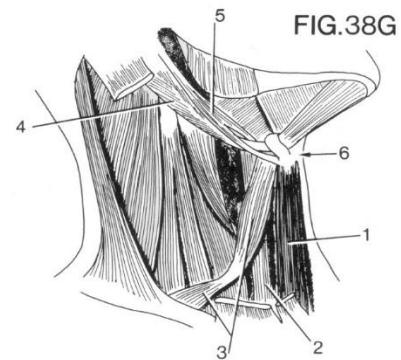
FIG.25

# Tungeben



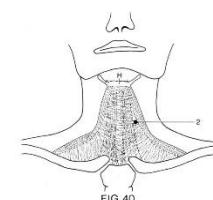
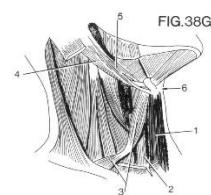
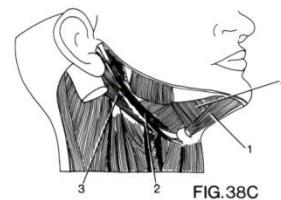
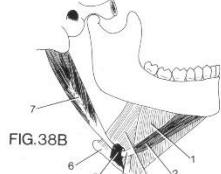
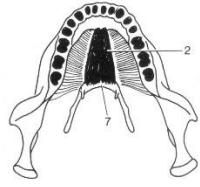
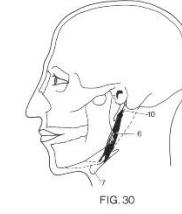
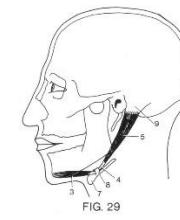
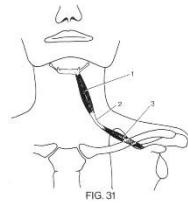
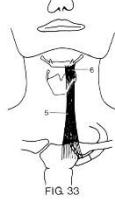
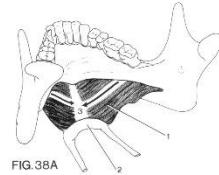
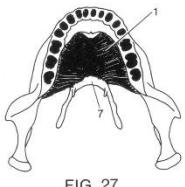
# Halsens muskler

- tungebensmuskler
  - suprahyoide muskler
  - infrahyoide muskler



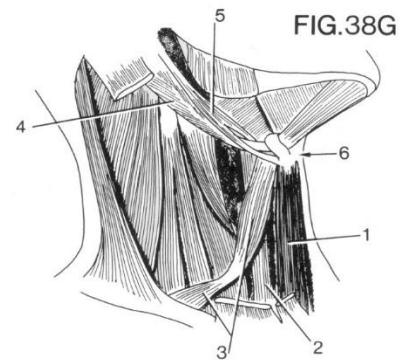
# Halsens skeletmuskler

- tungebensmuskler
  - suprahyoide muskler
  - infrahyoide muskler



# Suprahyoide muskler

- *m. mylohyoideus*
- *m. geniohyoideus*
- *venter anterior m. digastrici*
- *venter posterior m. digastrici*
- *m. stylohyoideus*



# Suprahyoide muskler..

- *m. mylohyoideus*
  - mundbundens muskel
  - udspring:
    - corpus mandibulae
  - tilhæftning:
    - os hyoideum (plus raphe i midten)
- *n. mandibularis*

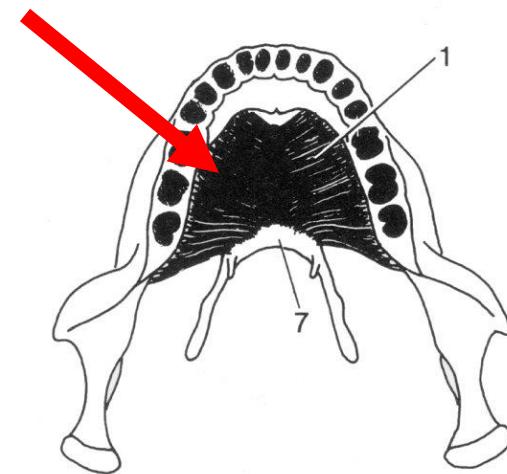
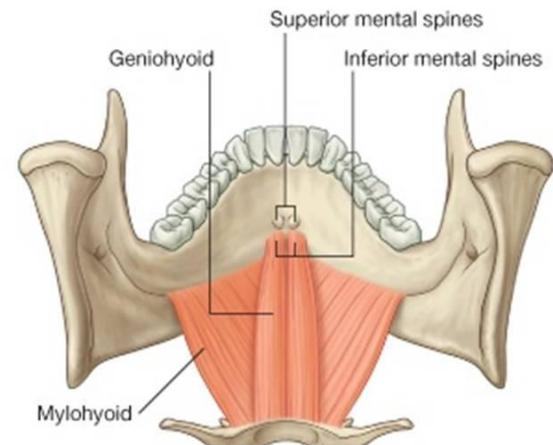
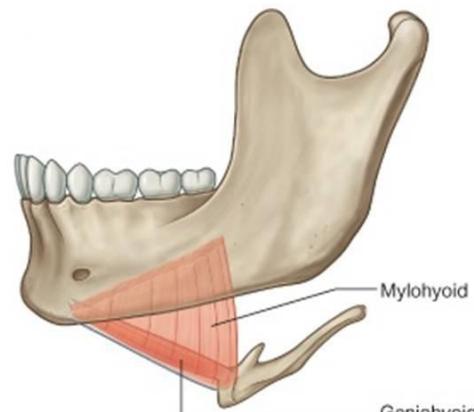


FIG. 27



# ..Suprahyoide muskler..

- *m. geniohyoideus*
  - udspring:
    - corpus mandibulae
  - tilhæftning:
    - os hyoideum
- Innervation af plexus cervicalis

**m. geniohyoideus**  
Aa2-87 (16-6)

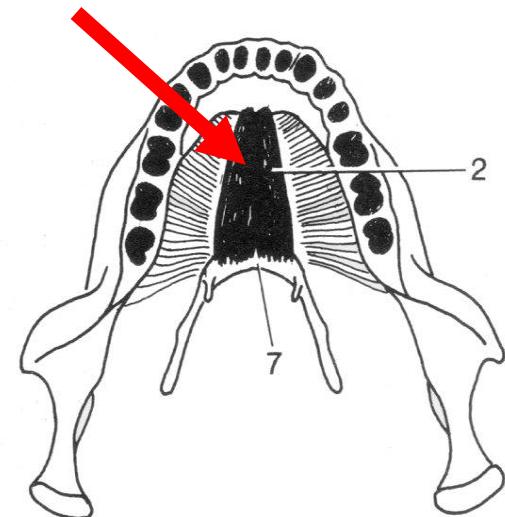
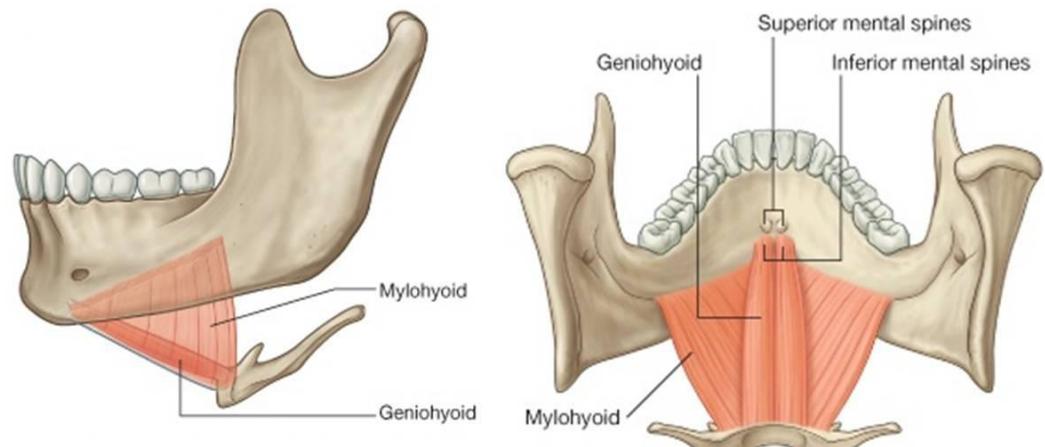


FIG. 28



# ..Suprahyoide muskler..

- *venter anterior m. digastrici*
  - udspring:
    - basis mandibula
  - tilhæftning:
    - os hyoideum
- n. mandibularis

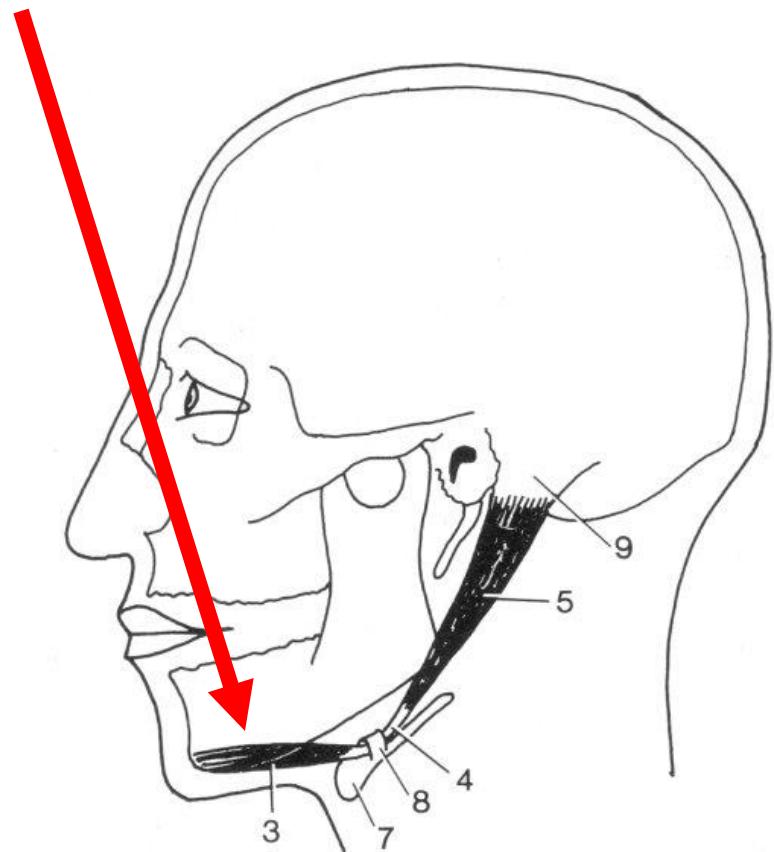
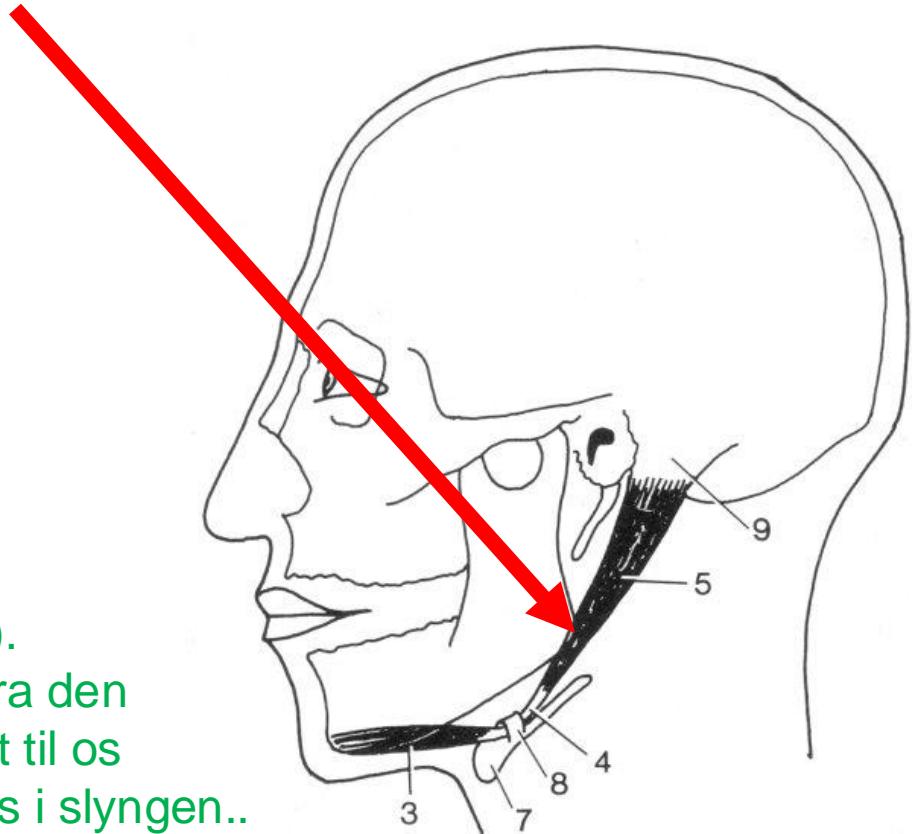


FIG. 29

# ..Suprahyoide muskler..

- venter posterior m. digastricus
  - udspring:
  - basis cranii
  - tilhæftning:
  - os hyoideum
  - n. facialis

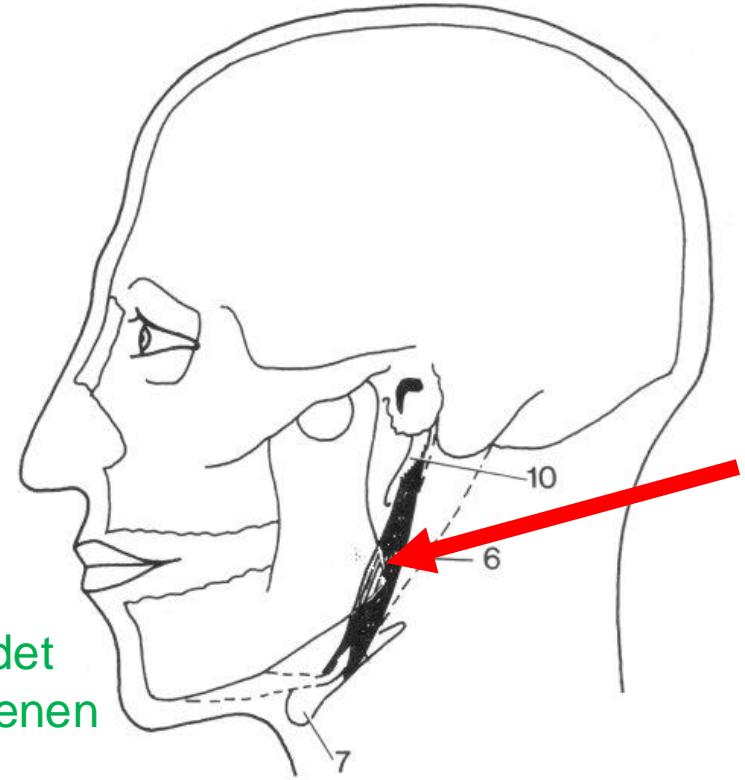


De to buge mødes i en mellemsene (4).

Ved hjælp af en bindevævsslyne (8) fra den yderste halsfascie er senen bundet fast til os hyoideum (7) og den kan ikke forskydes i slyngen..

# ..Suprahyoide muskler

- *m. stylohyoideus*
  - udspring
    - processus stylohyoideus
  - tilhæftning
    - os hyoideum
  - n. facialis



Den løber sammen med venter posterior m. digastrici til os hyoideum. Her hæfter den sig, idet musklen spalter sig og griber omkring mellemesen af m. digastricus.

# Infrahyoide muskler ..

## Infrahyoide muskler ..

- *m. omohyoideus venter superior*
- *m. omohyoideus venter inferior*
- *m. sternohyoideus*
- *m. sternothyroideus*
- *m. thyreohyoideus*

# Infrahyoide muskler ..

- *m. omohyoideus venter superior*
  - udspring:
  - os hyoideum
  - tilhæftning:
  - mellemsene

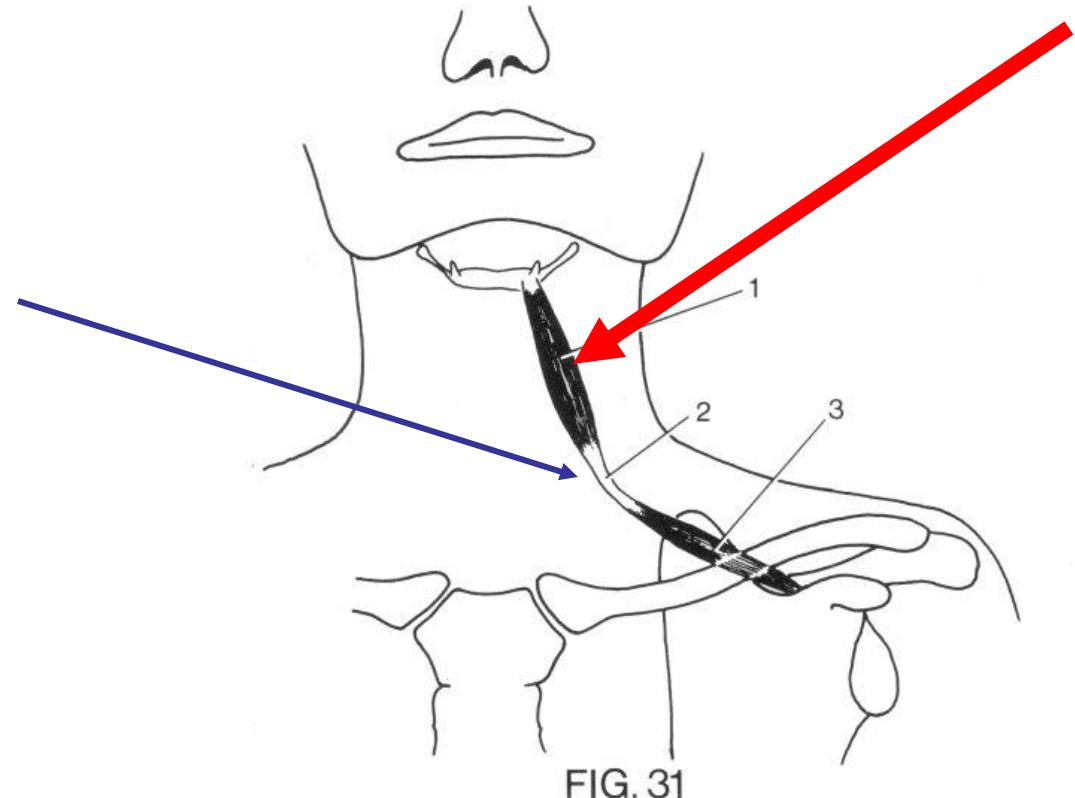
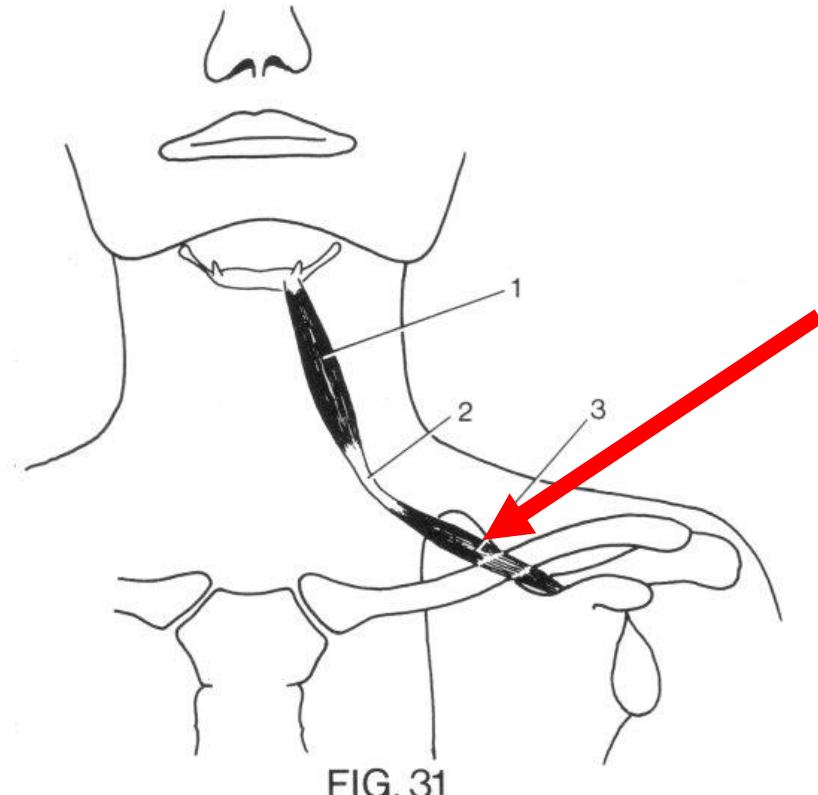


FIG. 31

# Infrahyoide muskler ..

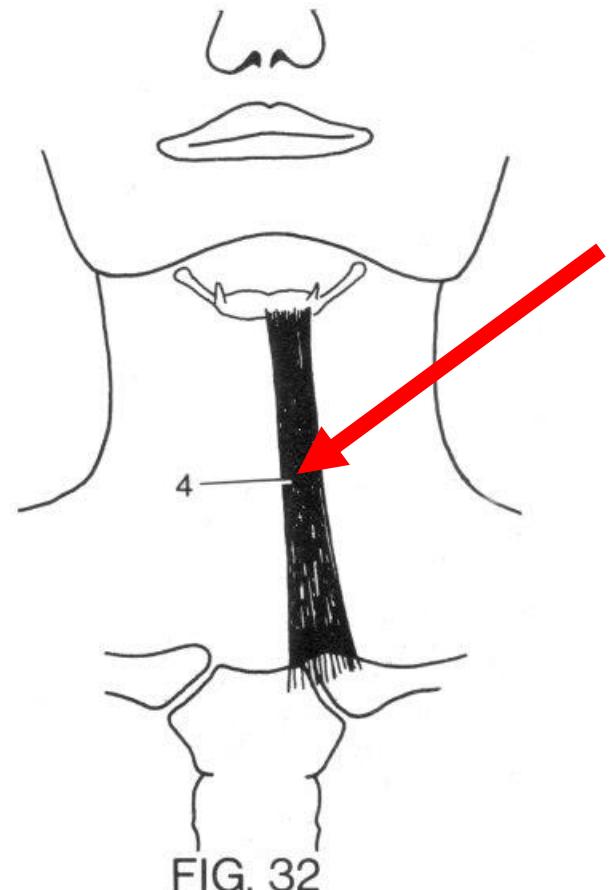
- *m. omohyoideus venter inferior*
  - udspring:
  - scapula
  - tilhæftning:
  - mellemsene



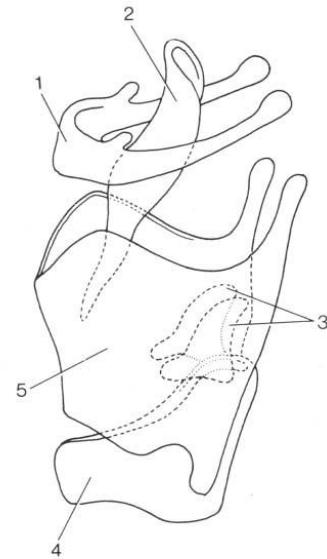
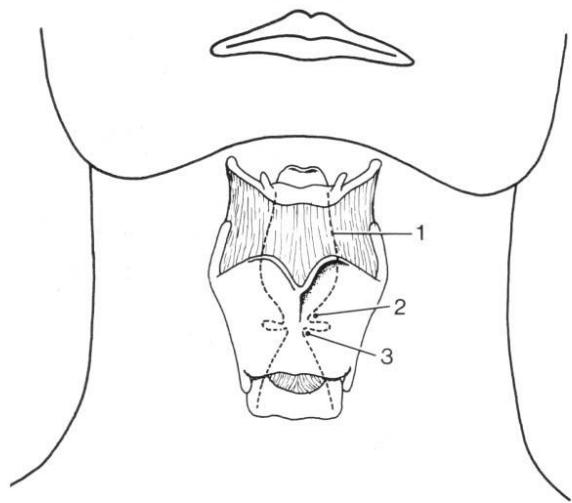
De to buge mødes i en mellemsene  
(2) midt på halsen.

# Infrahyoide muskler ..

- *m. sternohyoideus*
  - udspring:
    - manubrium sterni (bagsiden)
  - tilhæftning:
    - os hyoideum

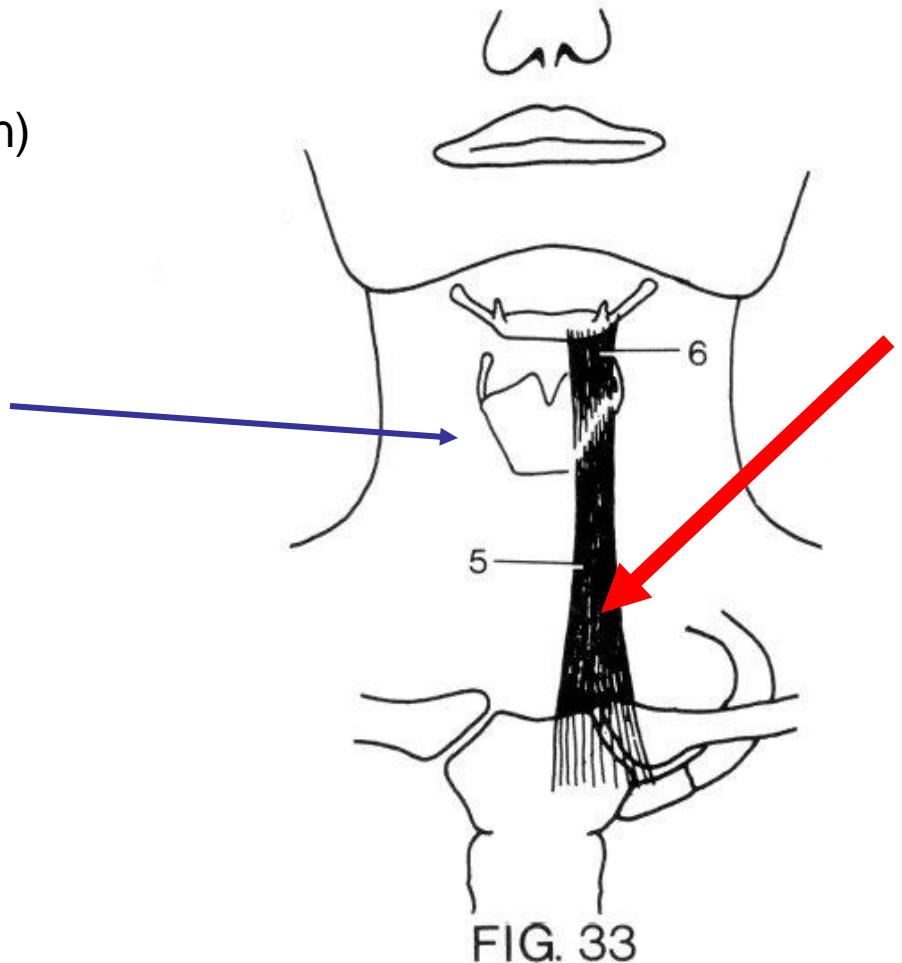


# Tungeben, skjoldbrusk og ringbrusk\*



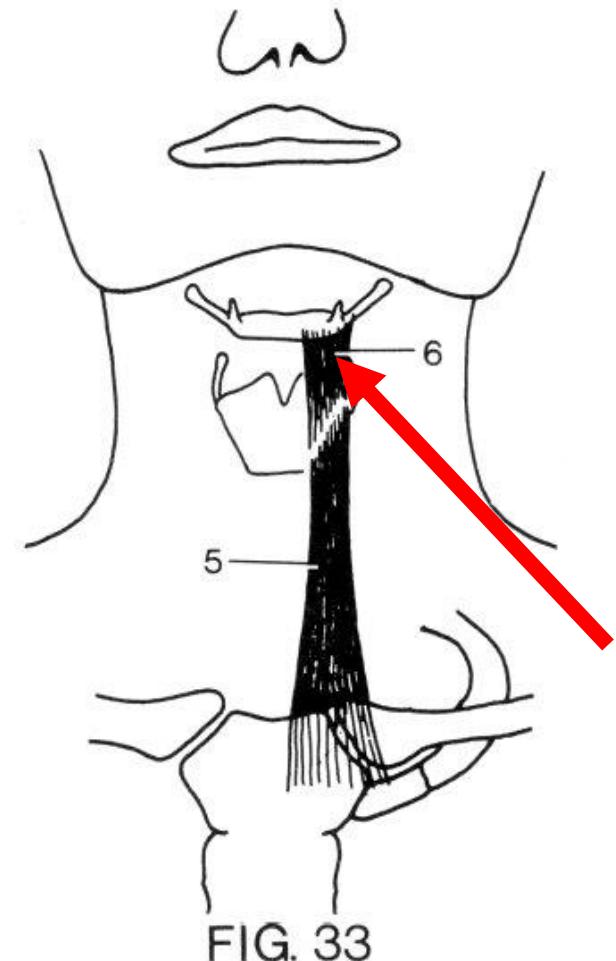
# Infrahyoide muskler

- *m. sternothyroideus*
  - udspring:
  - manubrium sterni (bagsiden)
  - tilhæftning:
  - cartilago thyroidea



# Infrahyoide muskler (nedre)

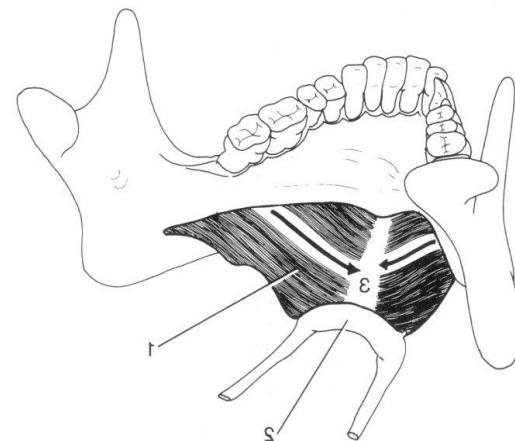
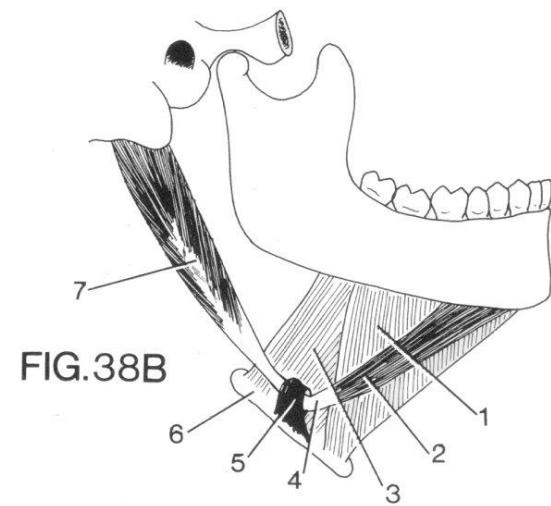
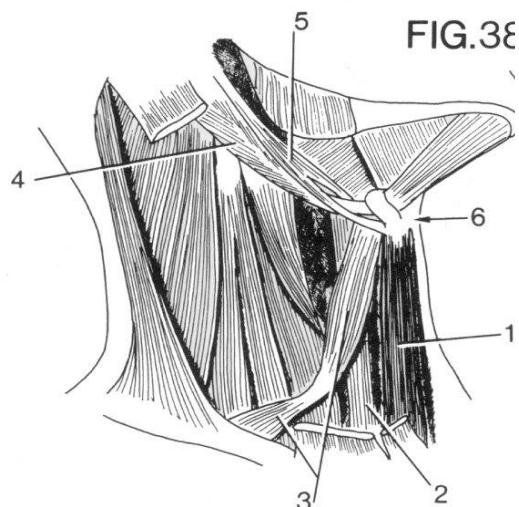
- *m. thyrohyoideus*
  - udspring:
  - cartilago thyroidea
  - tilhæftning:
  - os hyoideum



Plexus cervicalis innerverer alle infrahyoide muskler.

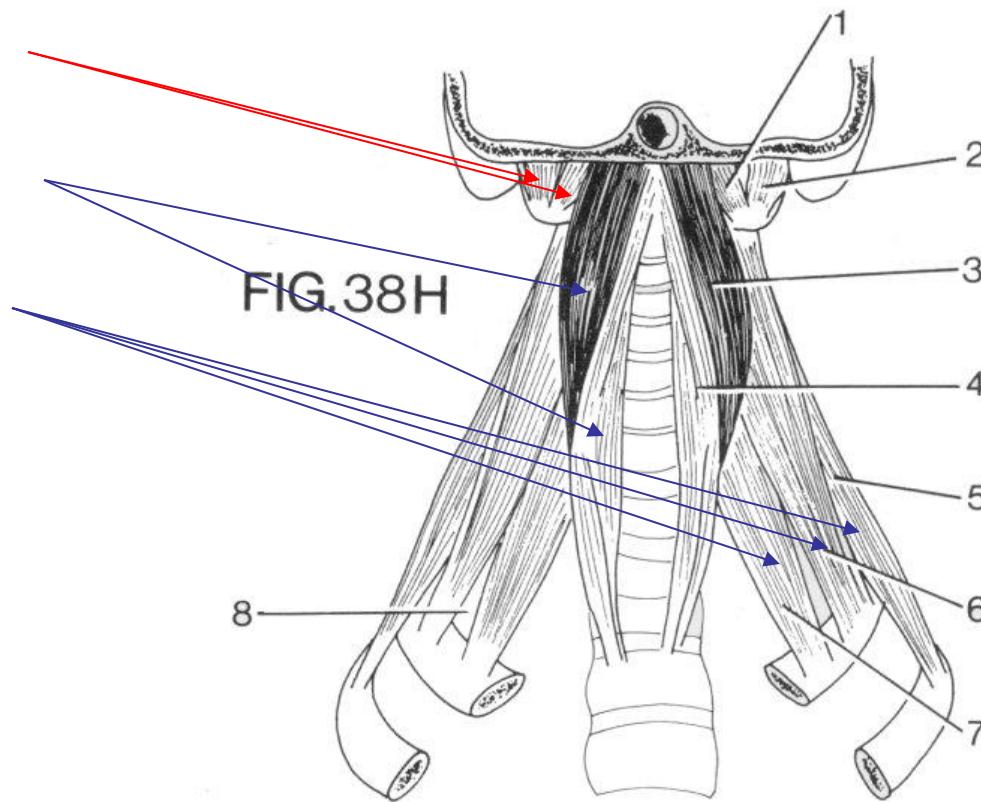
# Punctum fixum ?

Når de infrahyoide muskler trækker nedad i os hyoideum, og de bageste suprathyroide muskler samtidig trækker opad, vil de resterende forreste suprathyroide muskler bruge det fikserede os hyoideum som punctum fixum og dermed trække mandibula nedad.



# Prævertebralmuskler her oversigt

- to korte
- to lange
- tre skrå



skimmes

# Korte Prævertebralmuskler

forbinder atlas med kraniet

- m. rectus capitis anterior
- m. rectus capitis lateralis

# Korte Prævertebralmuskler

- m. rectus capitis anterior
  - udspring:
    - basis cranii
  - tilhæftning:
    - atlas

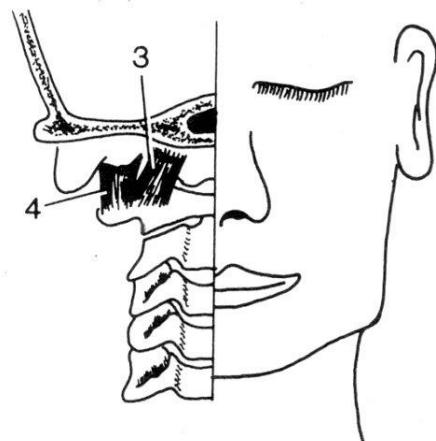
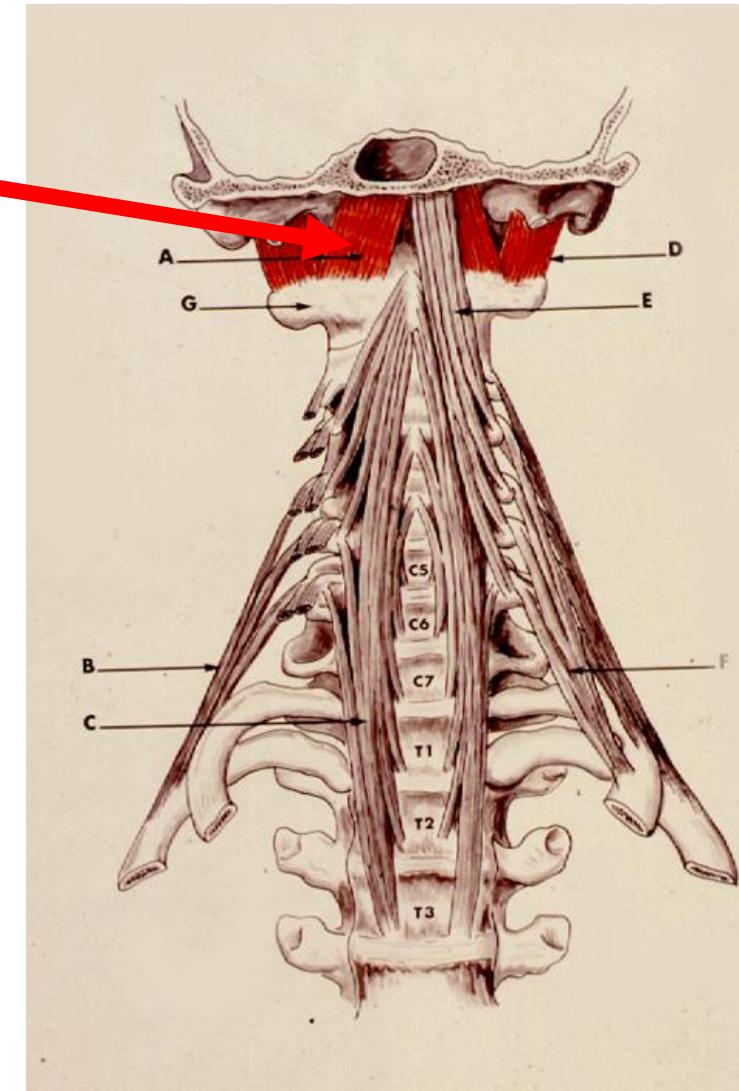


FIG. 36

# Korte Prævertebralmuskler

- m. rectus capitis lateralis
  - udspring:
  - basis cranii
  - tilhæftning:
  - tværtap på atlas

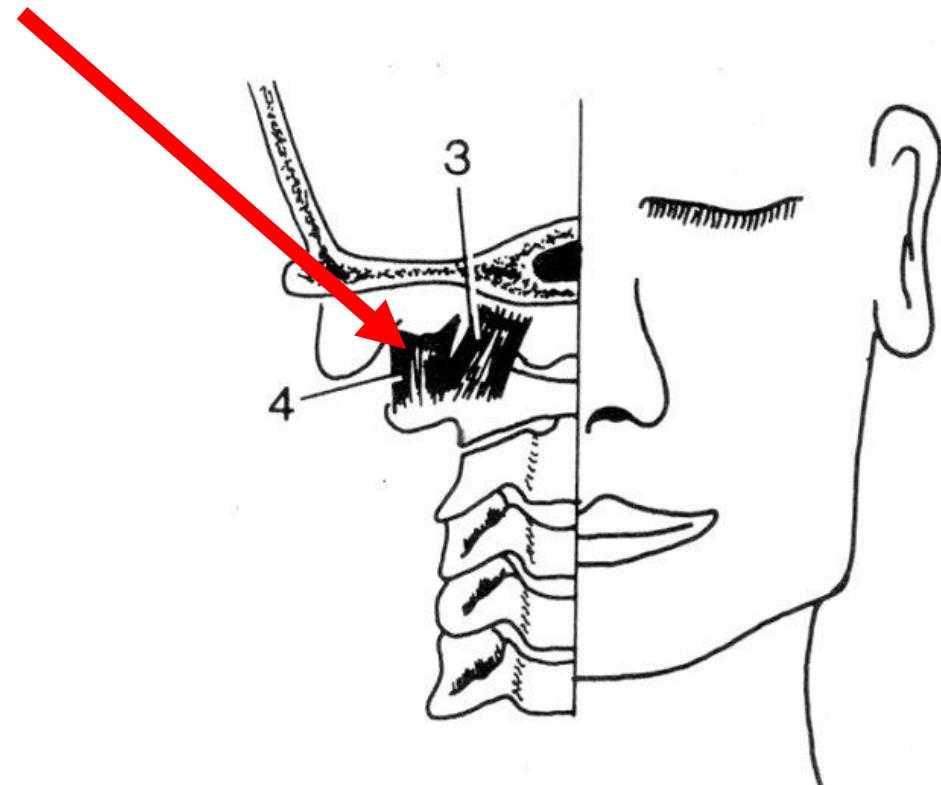


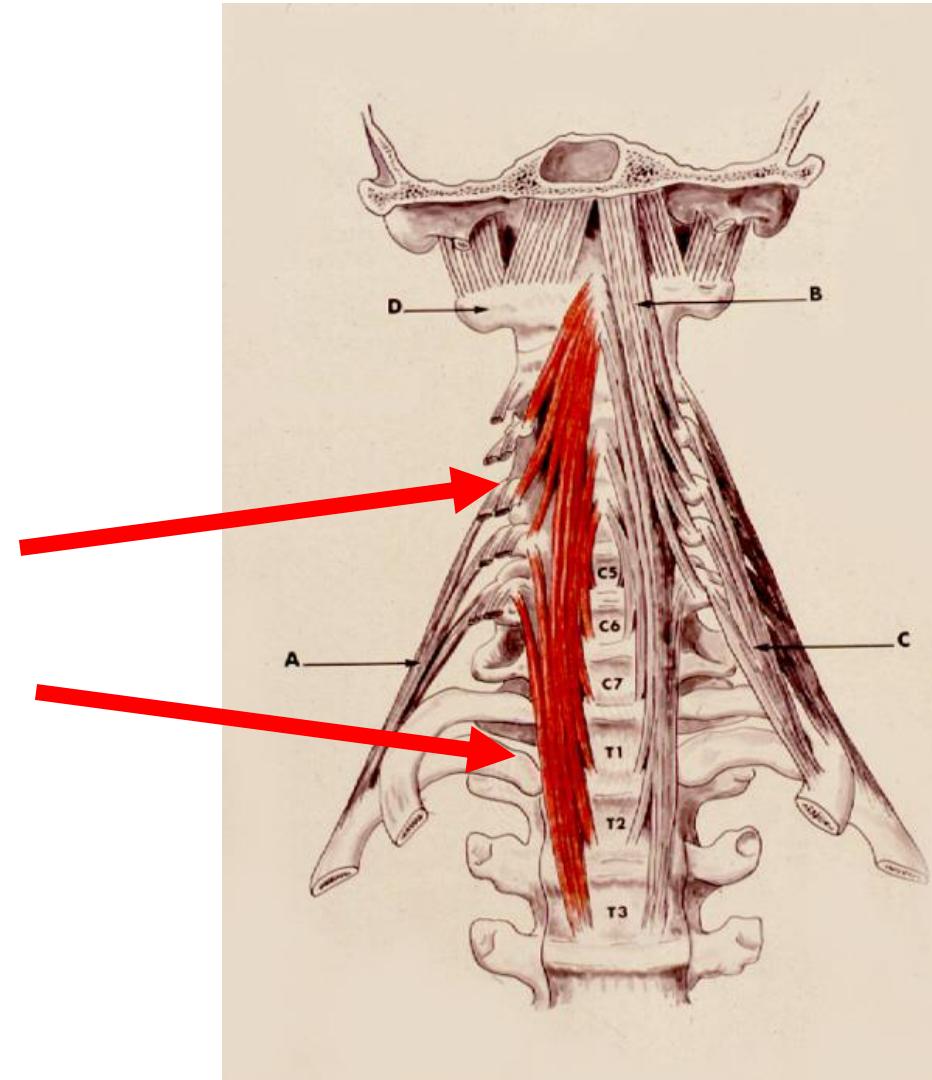
FIG. 36

# Lange Prævertebralmuskler

- den lange halsmuskel
- den lange hovedmuskel

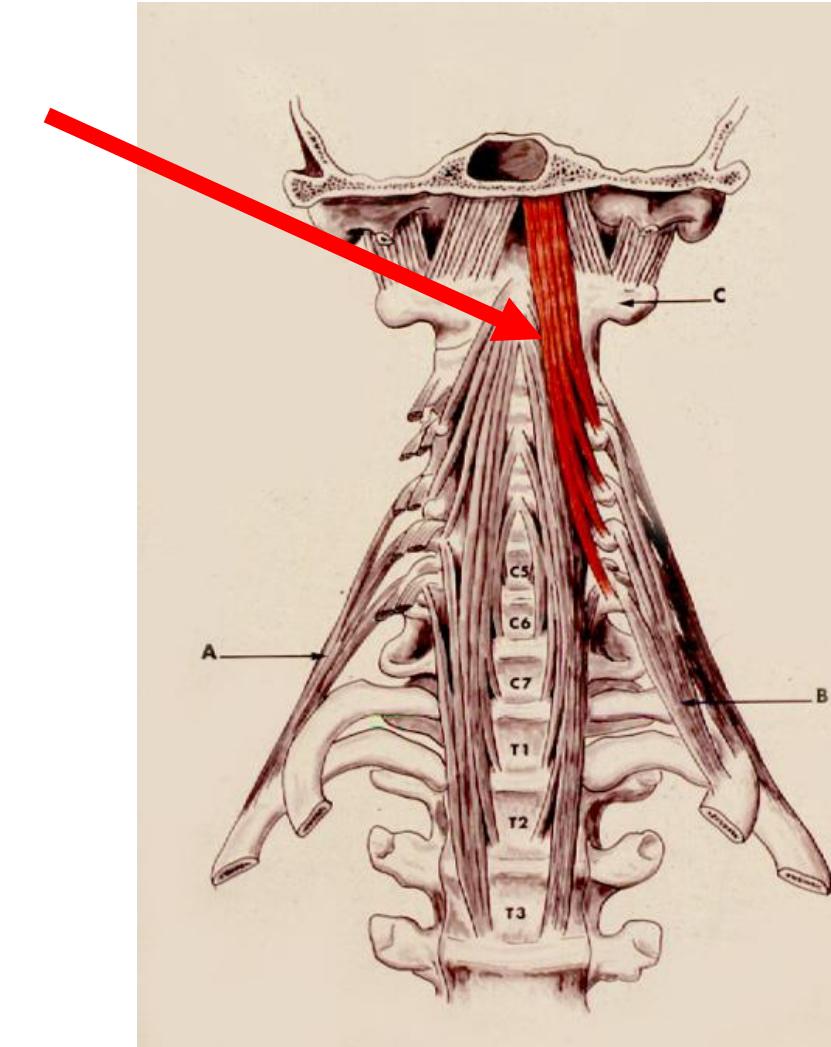
# Lange Prævertebralmuskler

- *m. longus colli*
- den lange halsmuskel
  - forbinder hvirvler



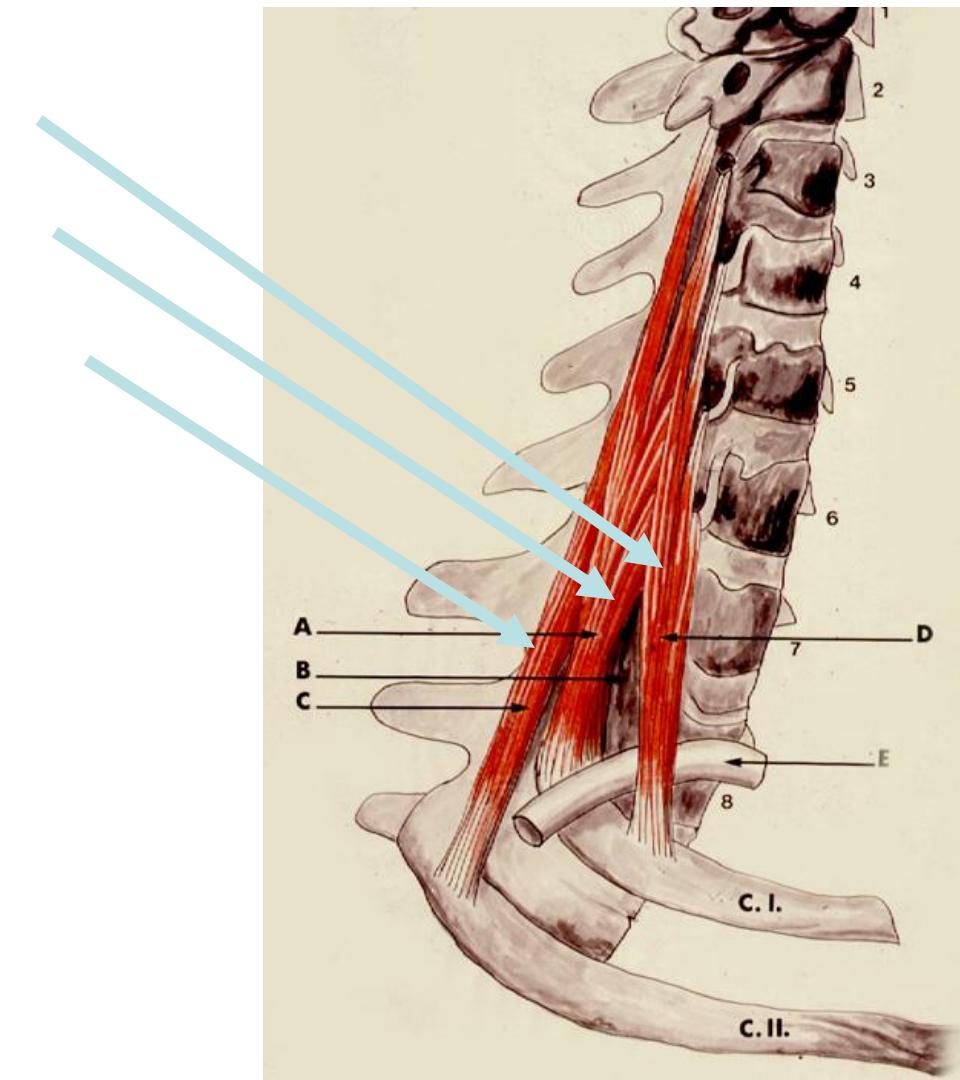
# Lange Prævertebralmuskler

- *m. longus capitis*
- den lange hovedmuskel
  - udpring:
    - fra nederste halshvirvlers tværtappe
  - tilhæftning:
    - basis cranii
    - foran foramen magnum



# Skrå Prævertebralmuskler\*

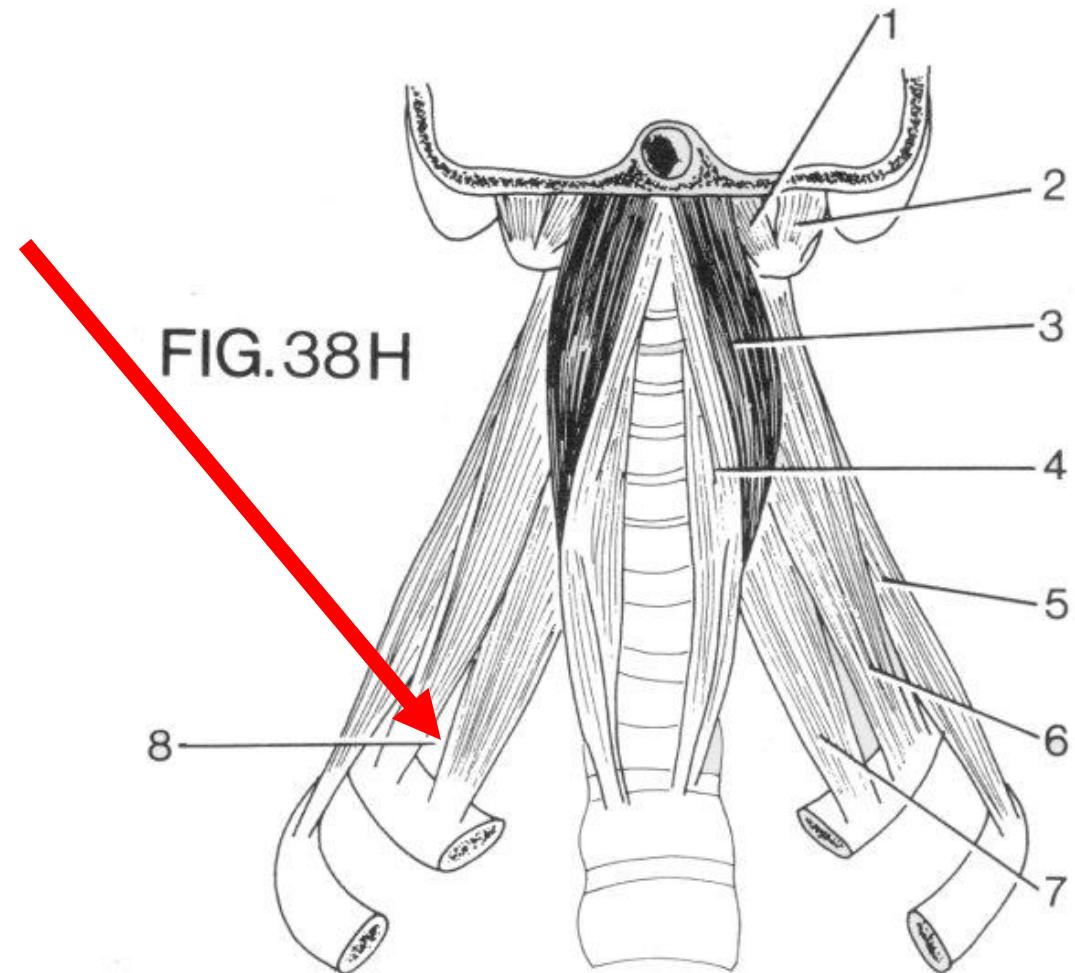
- m. scalenus anterior
- m. scalenus medius
- m. scalenus posterior
  - udspring
    - halshvirvlers tværtappe
  - tilhæftning
    - 1./2. Ribben
  - innervation:
    - plexus cervicalis
    - plexus brachialis



# "Scalenerporten" \*

forbinder:

brysthule og hals  
brysthule og extremitet



# HALSENS FASCIER

## *Lamina superficialis*

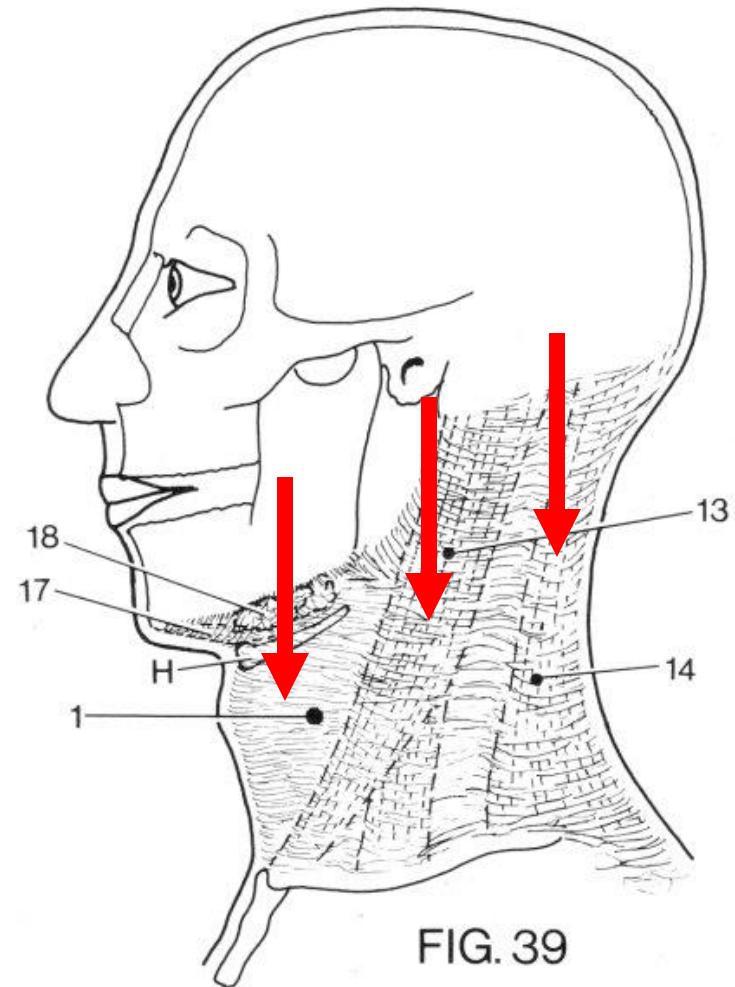


FIG. 39

# Halsens fascier

- lamina superficialis

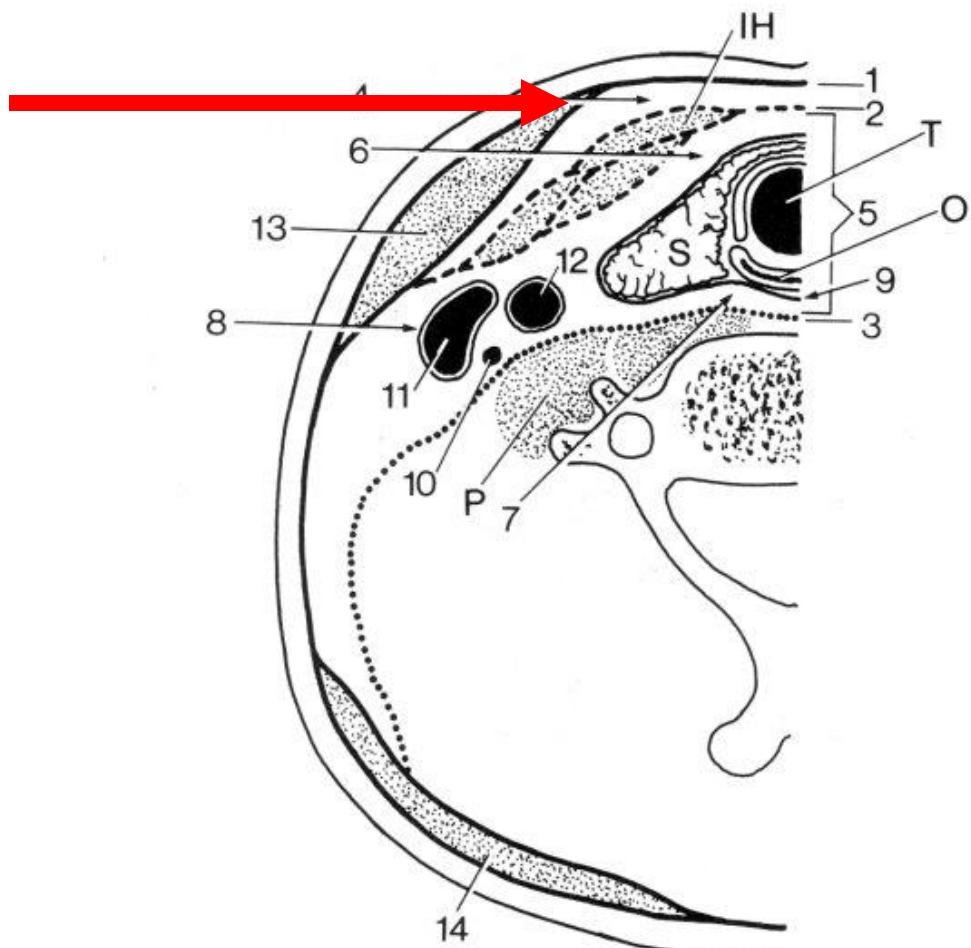


FIG. 42

# Halsens fascier

- lamina superficialis
- lamina pretrachealis
- lamina prevertebralis

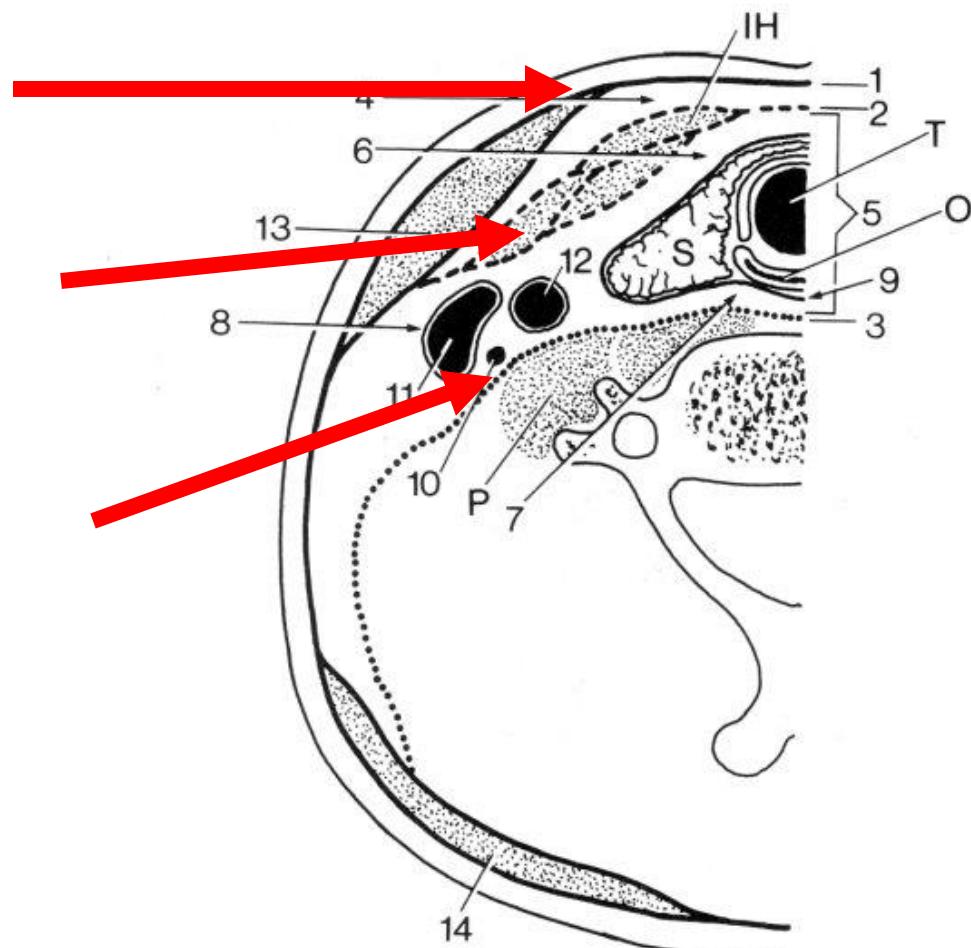
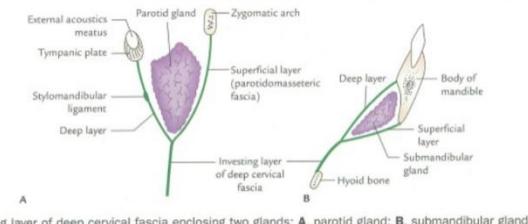


FIG. 42

# HALSENS FASCIER

## *Lamina superficialis*

- fra:
  - sternum og clavicula
  - rygfascien
- til:
  - basis mandibulae
  - linea nuchalis superior
- omskeder:
  - m. sternocleidomastoideus
  - m. trapezius
  - venter anterior m. digastrici
  - gld. submandibularis



Investing layer of deep cervical fascia enclosing two glands: A, parotid gland; B, submandibular gland.

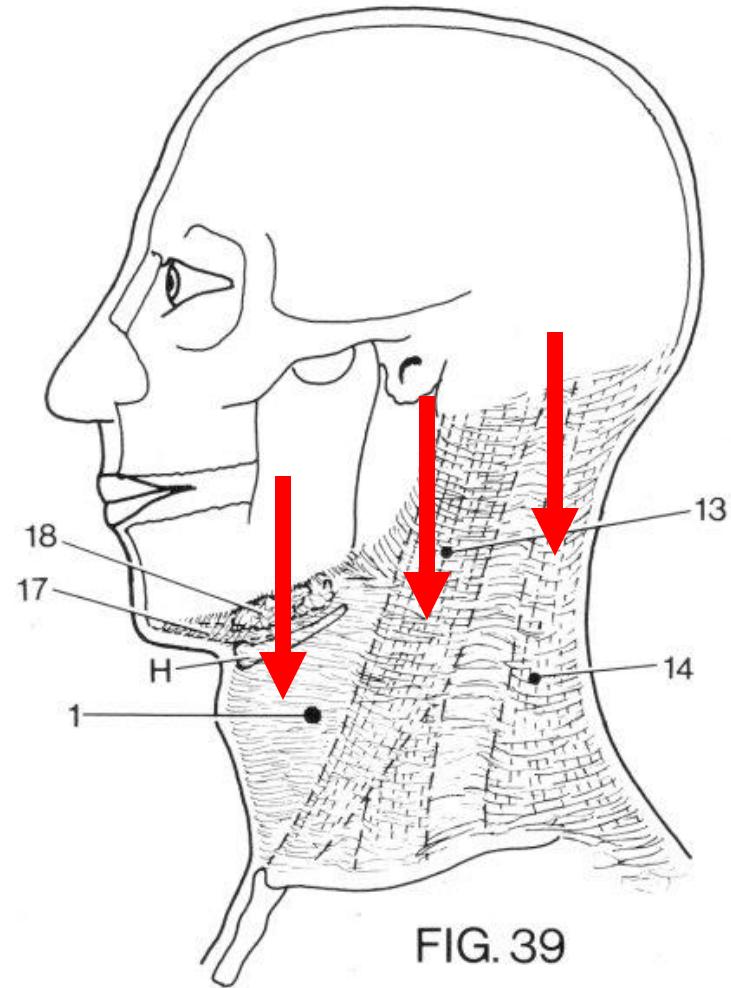
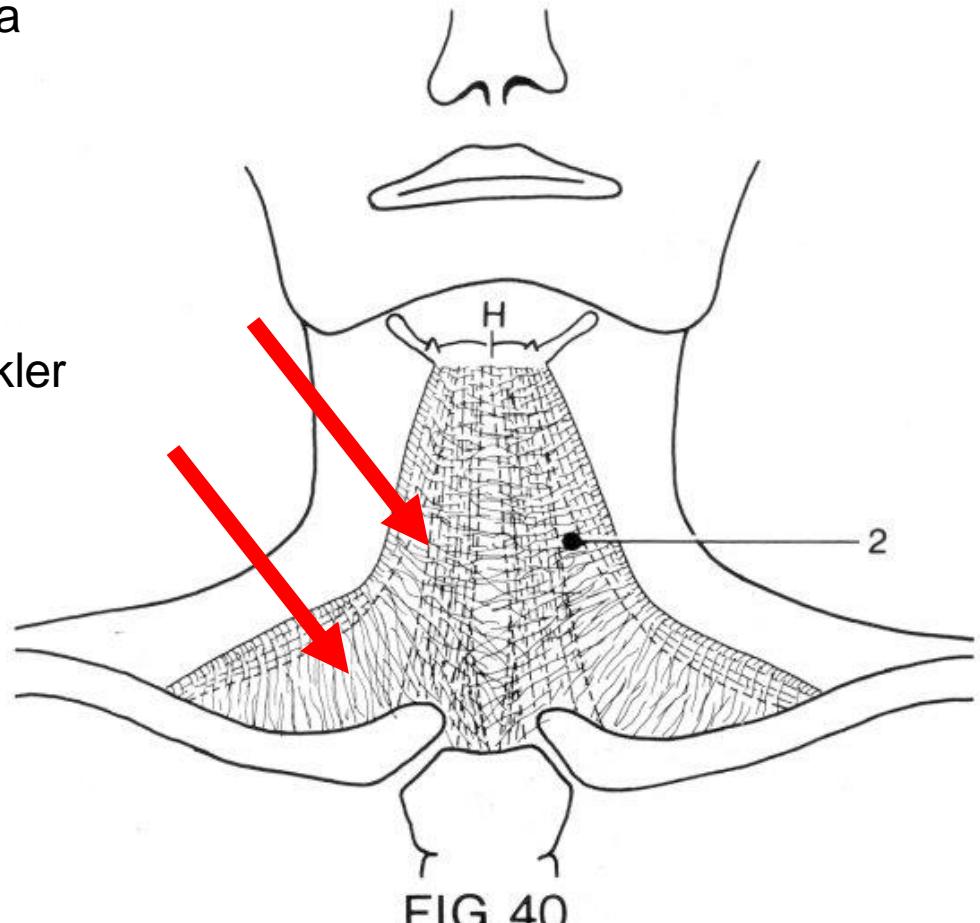


FIG. 39

# HALSENS FASCIER

## *Lamina pretrachealis*

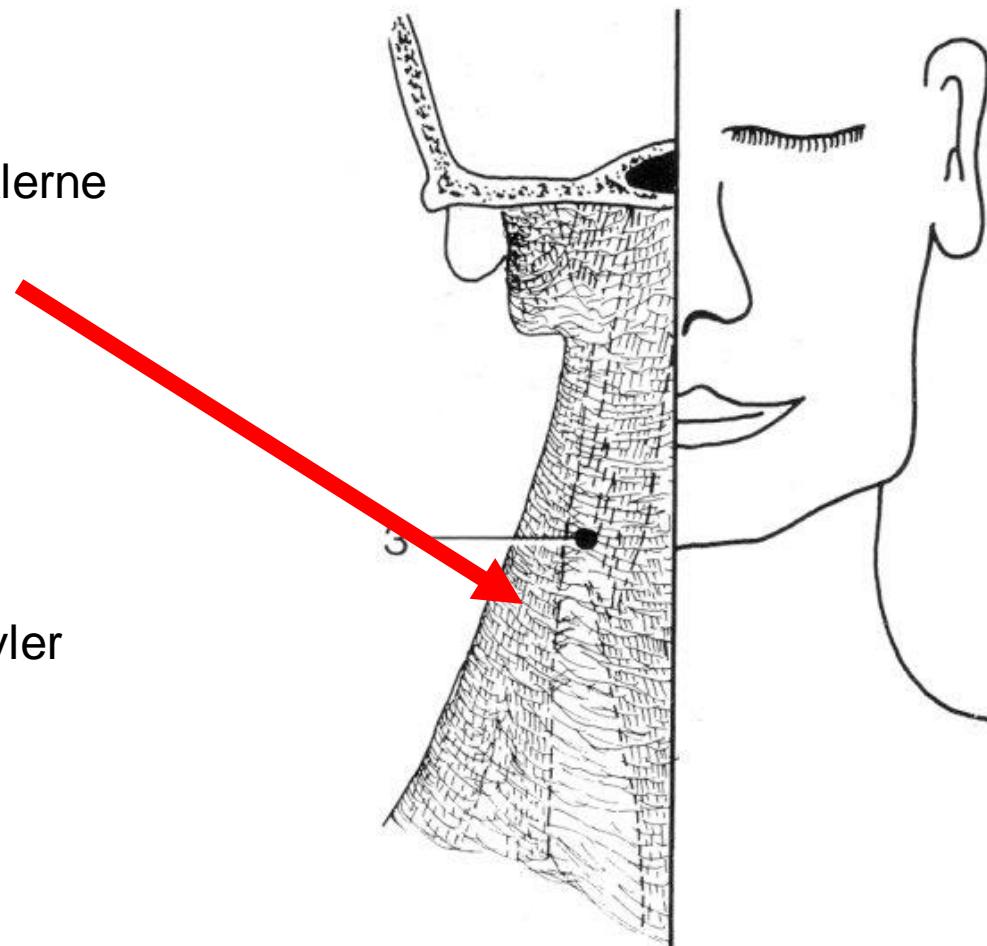
- fra:
  - sternum og clavicula
- til:
  - os hyoideum
- omskeder:
  - de infrahyoide muskler



# HALSENS FASCIER

## *Lamina prevertebralis*

- udenom:
  - prevertebralmusklerne
- fra:
  - basis cranii
- til:
  - øverste brysthvirvler



# Halsfascier

Lamina superficialis

Lamina pretrachealis

Lamina prevertebralis

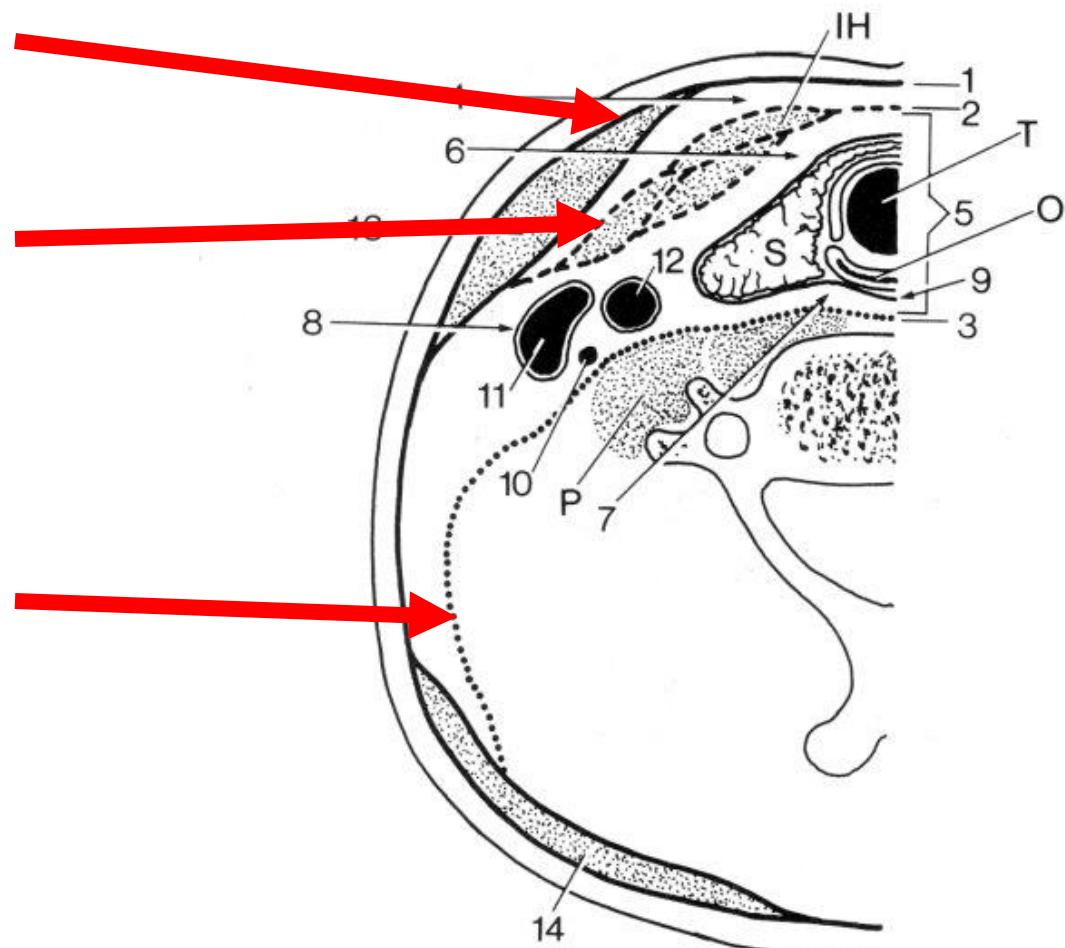


FIG. 42

# Rum mellem halsfascier

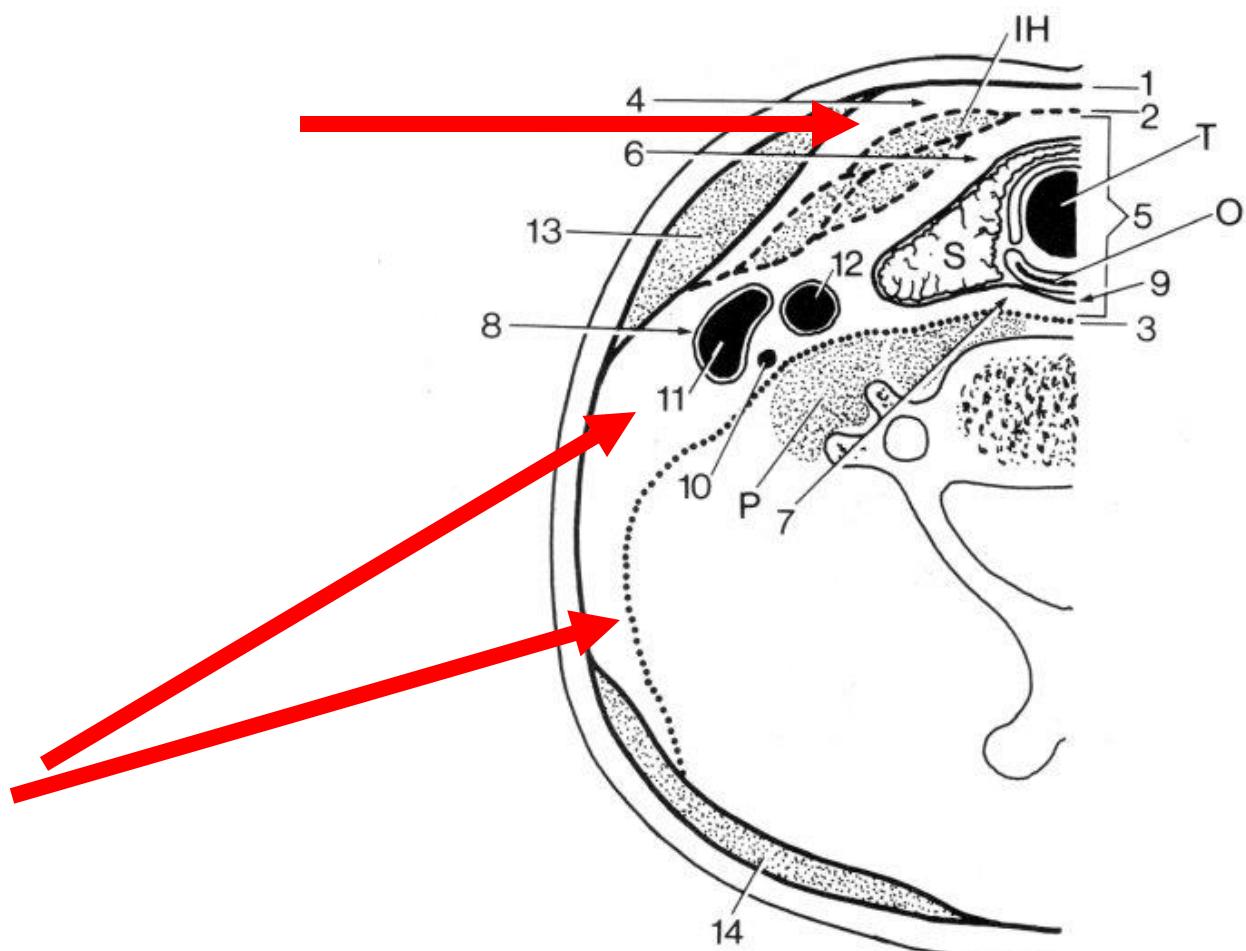


FIG. 42

# Bindevævsrum

- Spatium interfasciale
  - mellem:
    - lamina superficialis
    - lamina pretrachealis
  - indhold:
    - løst bindevæv

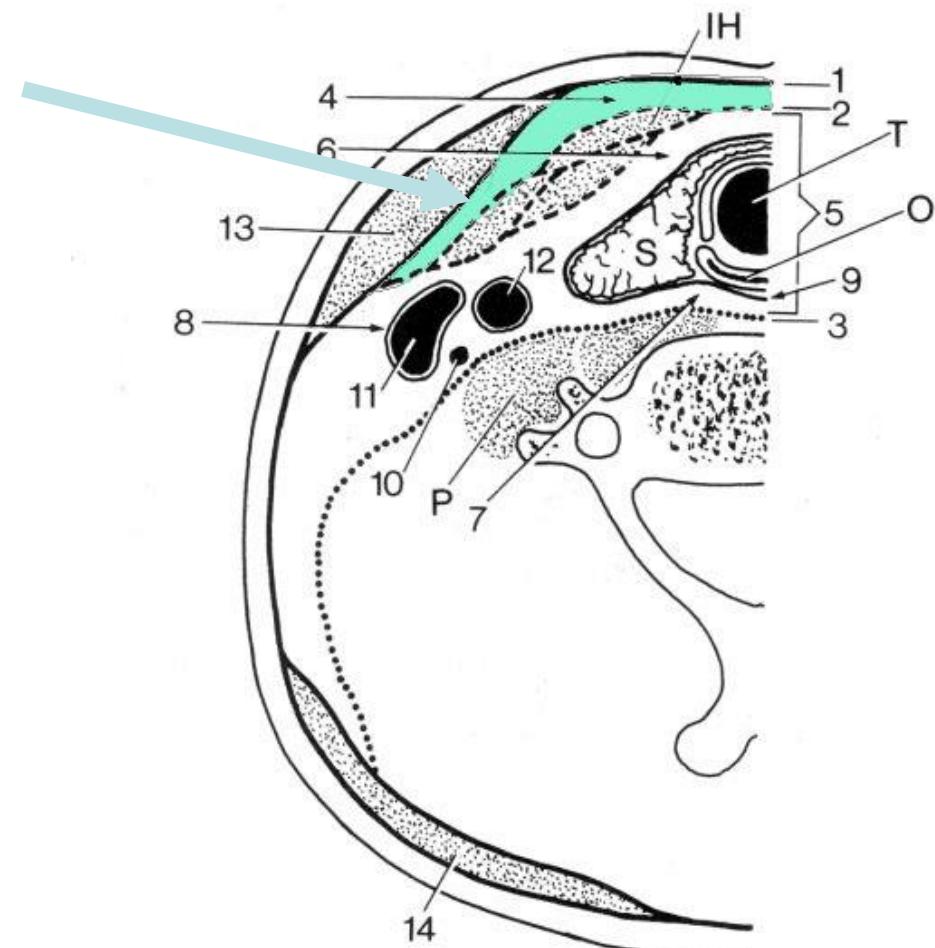


FIG. 42

# Bindevævsrum

- **Spatium viscerale**
  - Omfatter viscera
  - Og bindevæv omkring viscera:  
spatium peripharyngeum

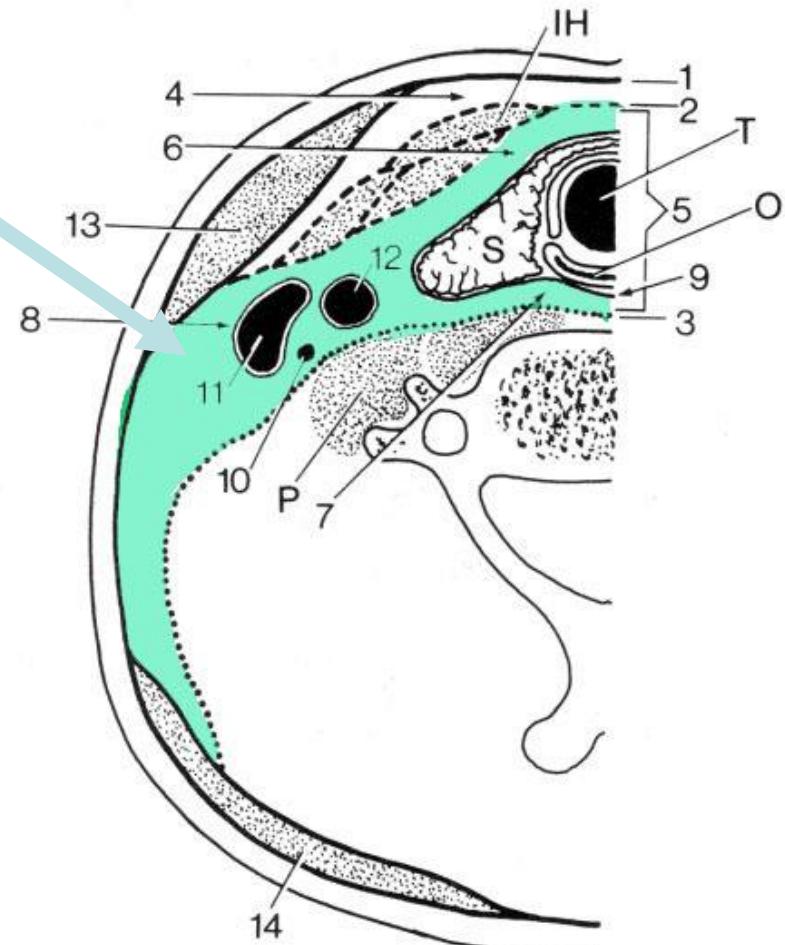


FIG. 42

# Bindevævsrum

- **Spatium viscerale**
  - begrænsninger
    - lamina pretrachealis
    - lamina superficialis
    - lamina prevertebralis
  - indhold:
    - » spiserør og luftrør
    - » skjoldbruskkirtel
    - » Bindevæv, spatium peripharyngeum

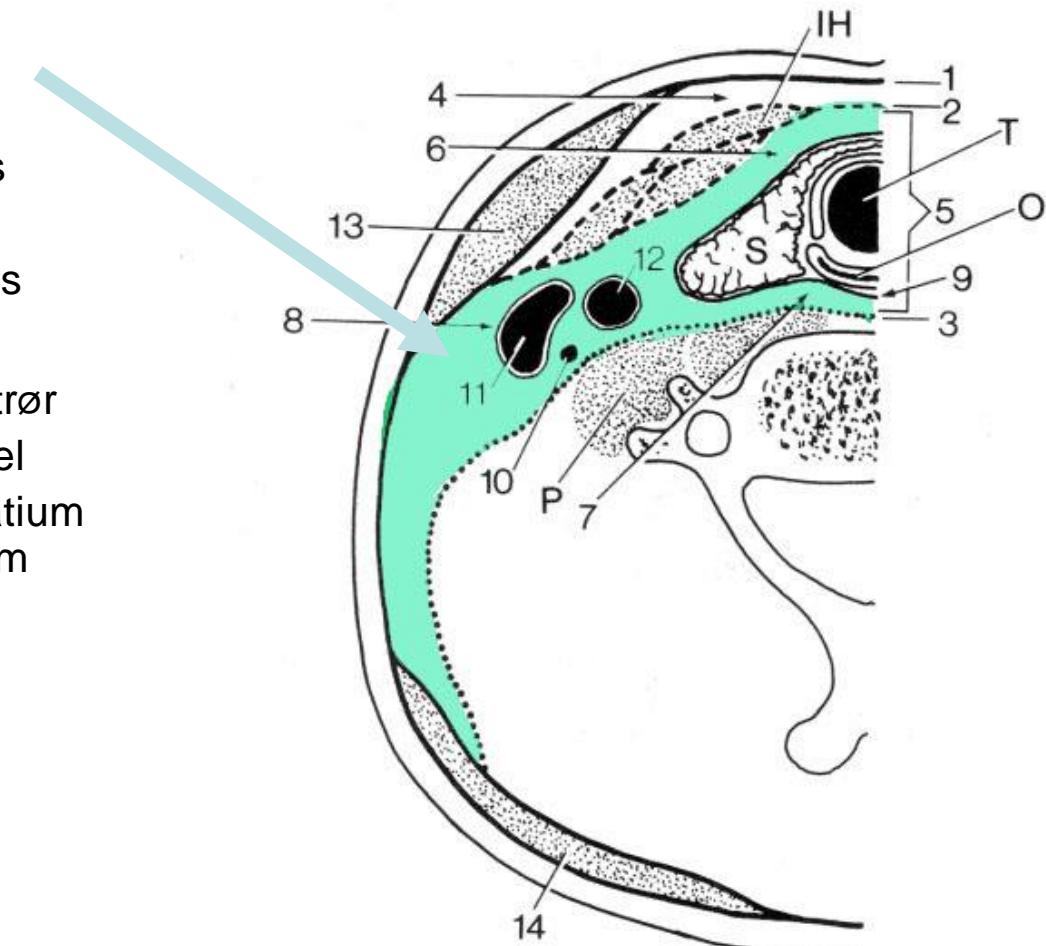
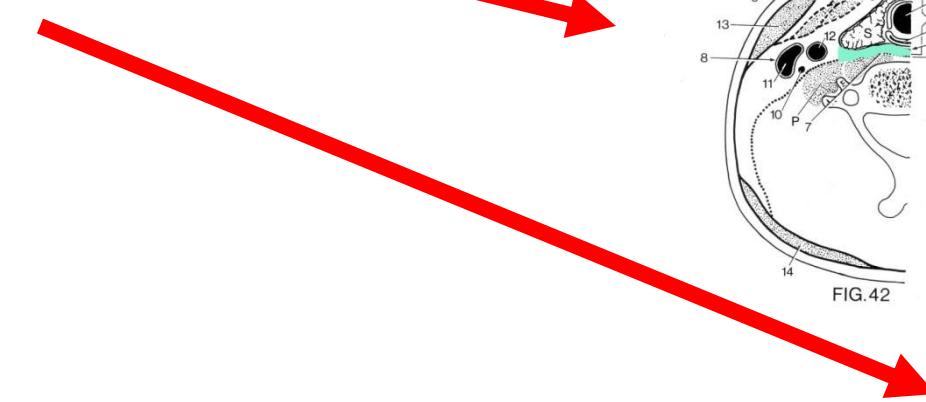
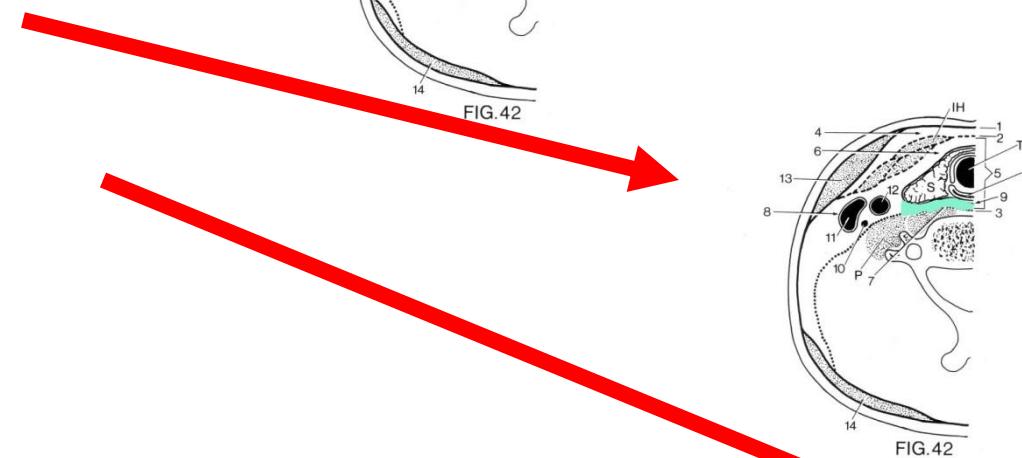
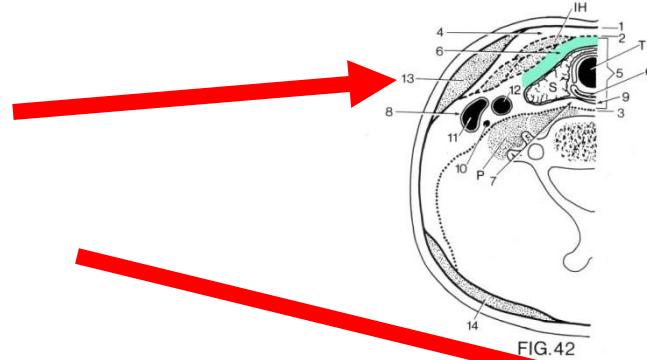


FIG. 42

# Bindevæv omkring halsviscera

- foran
- bagved
- lateralt



# Bindevæv omkring halsviscera

- *spatium prepharyngeum (SIK)*  
bindevæv foran viscera  
(spatium previscerale i index)

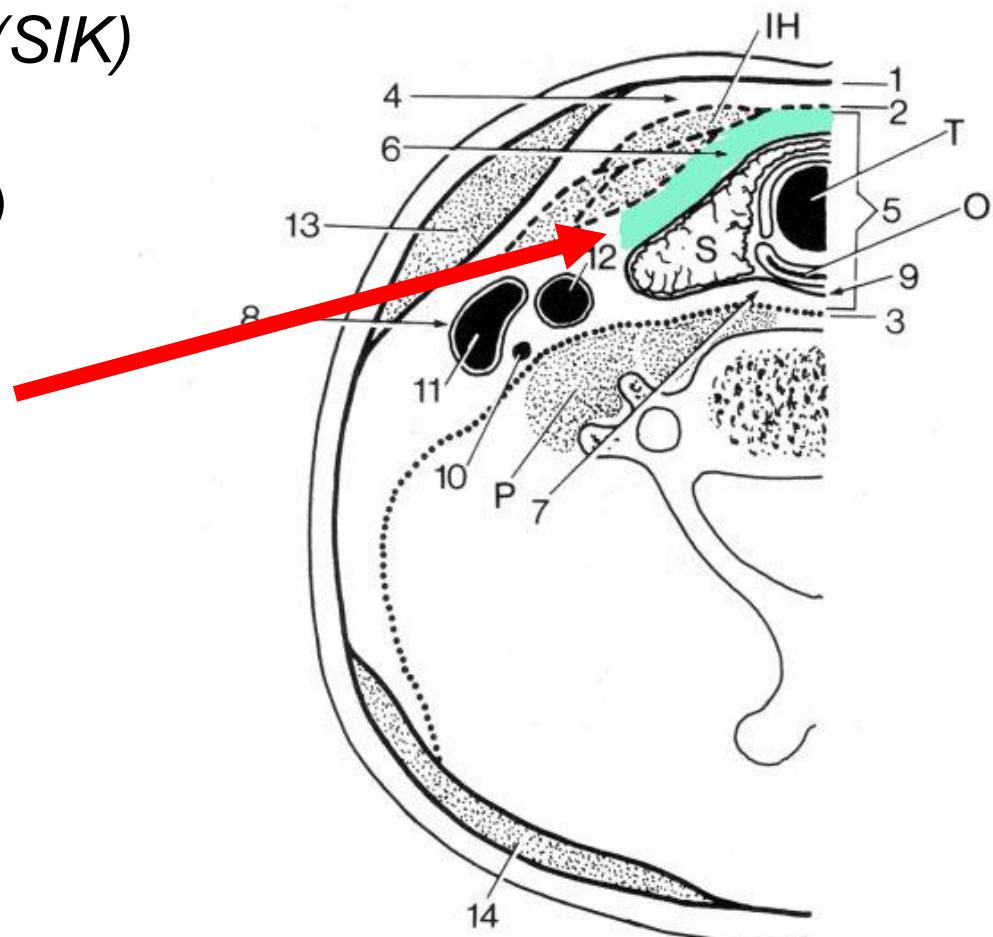


FIG. 42

# Bindevæv omkring halsviscera

- *spatium retropharyngeum*  
bindevæv bag viscera

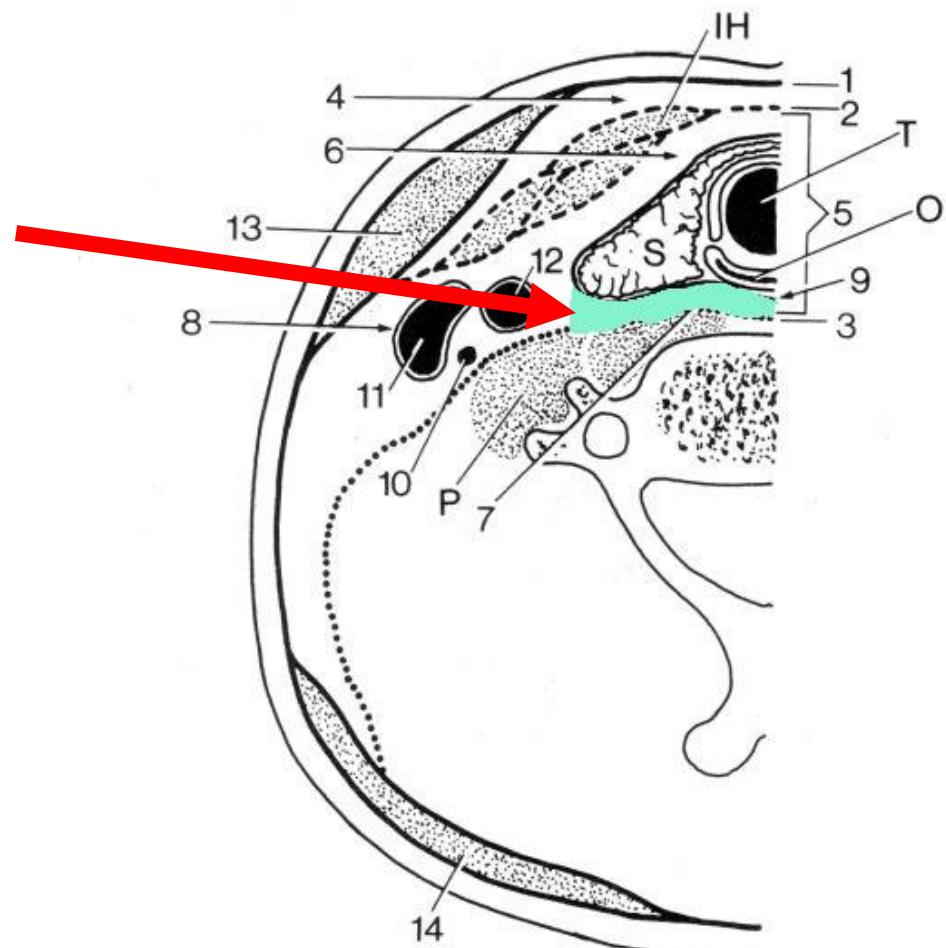
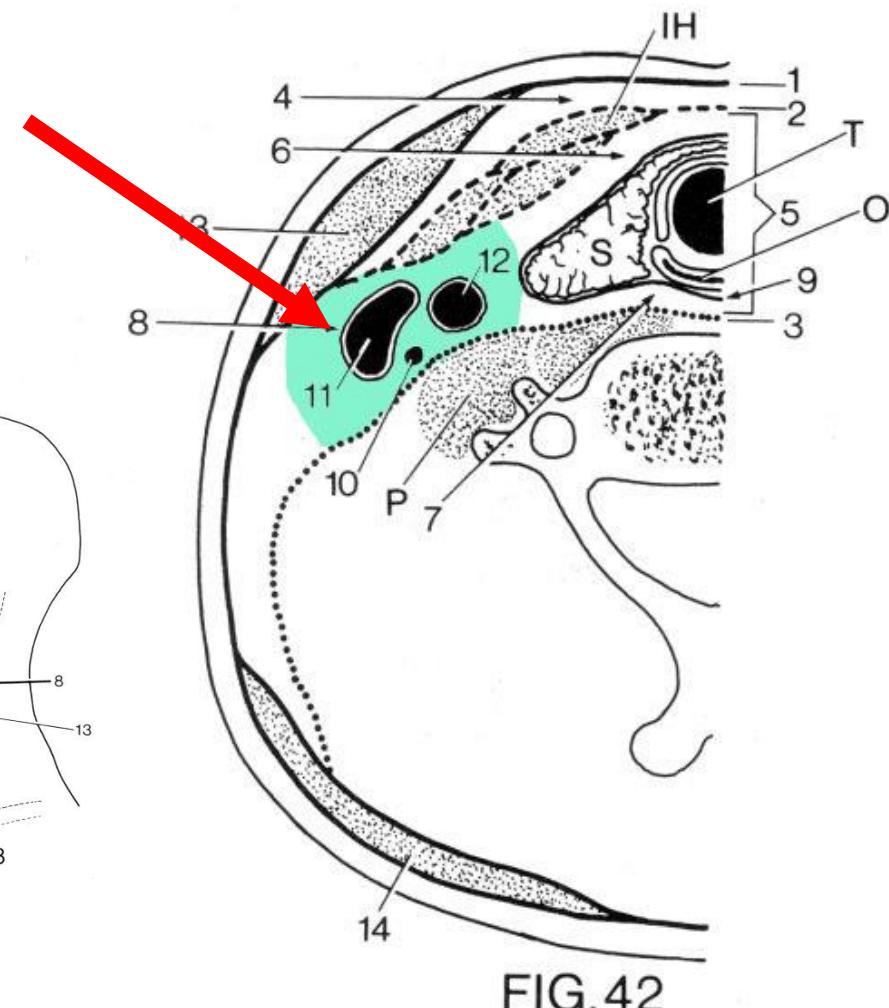
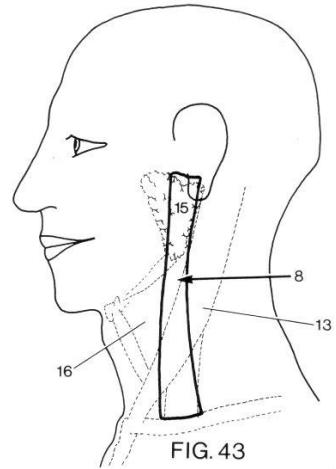


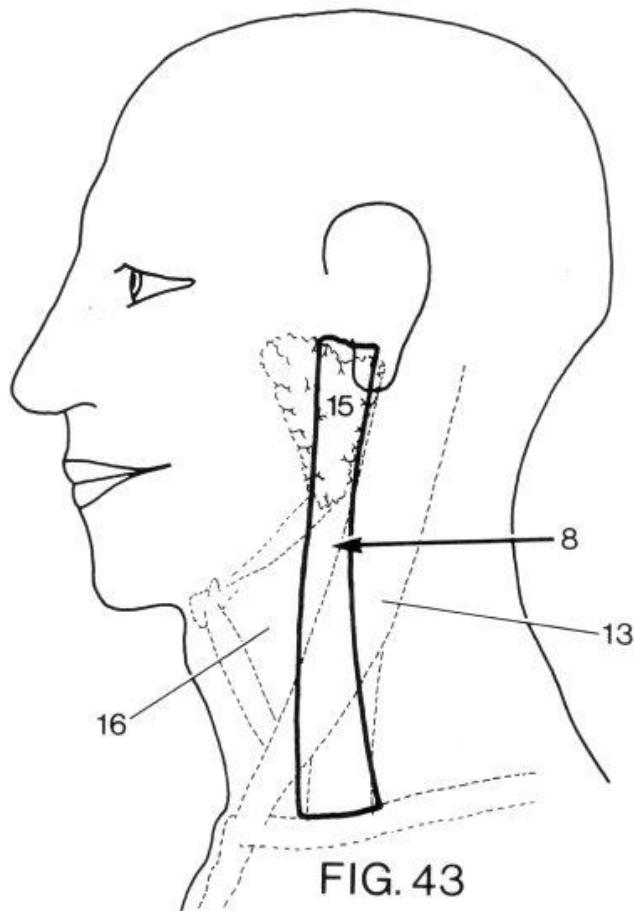
FIG. 42

# Bindevæv omkring halsviscera

- *spatium lateropharyngeum*  
*(spatium parapharyngeum)*  
bindevævssøjle  
fra apertura thoracis sup.  
til basis cranii  
med kar, nerver



# Halsens fascier og bindevævsrum (video)



## Peerfeedback 2 og 2 - evt 3

# Halsmuskler og lag

Halsens muskellag (3)

Nævn halsens lag (3)

..

..

..



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# eMuseum

- **m. digastricus** Aa2-202 (39-8) (40-7)  
Aa2-30 (24-14)
- **m. digastricus, venter anterior**  
Aa2-66 (24-2)
- **m. digastricus, venter posterior**  
Aa2-66 (24-2)  
Aa1-16 (23-3)
- **m. mylohyoideus**  
Aa2-30 (24-14)
- **Gld. submandibularis**